

101

COLLINS
The 101 Quarterly

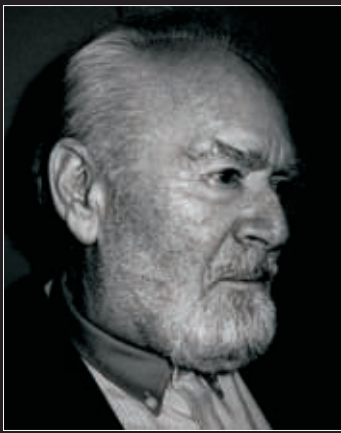
101 Renaissance - Refining
Perfection

Christmas Competitions and
Celebrations

Chill Out at The Golden Door

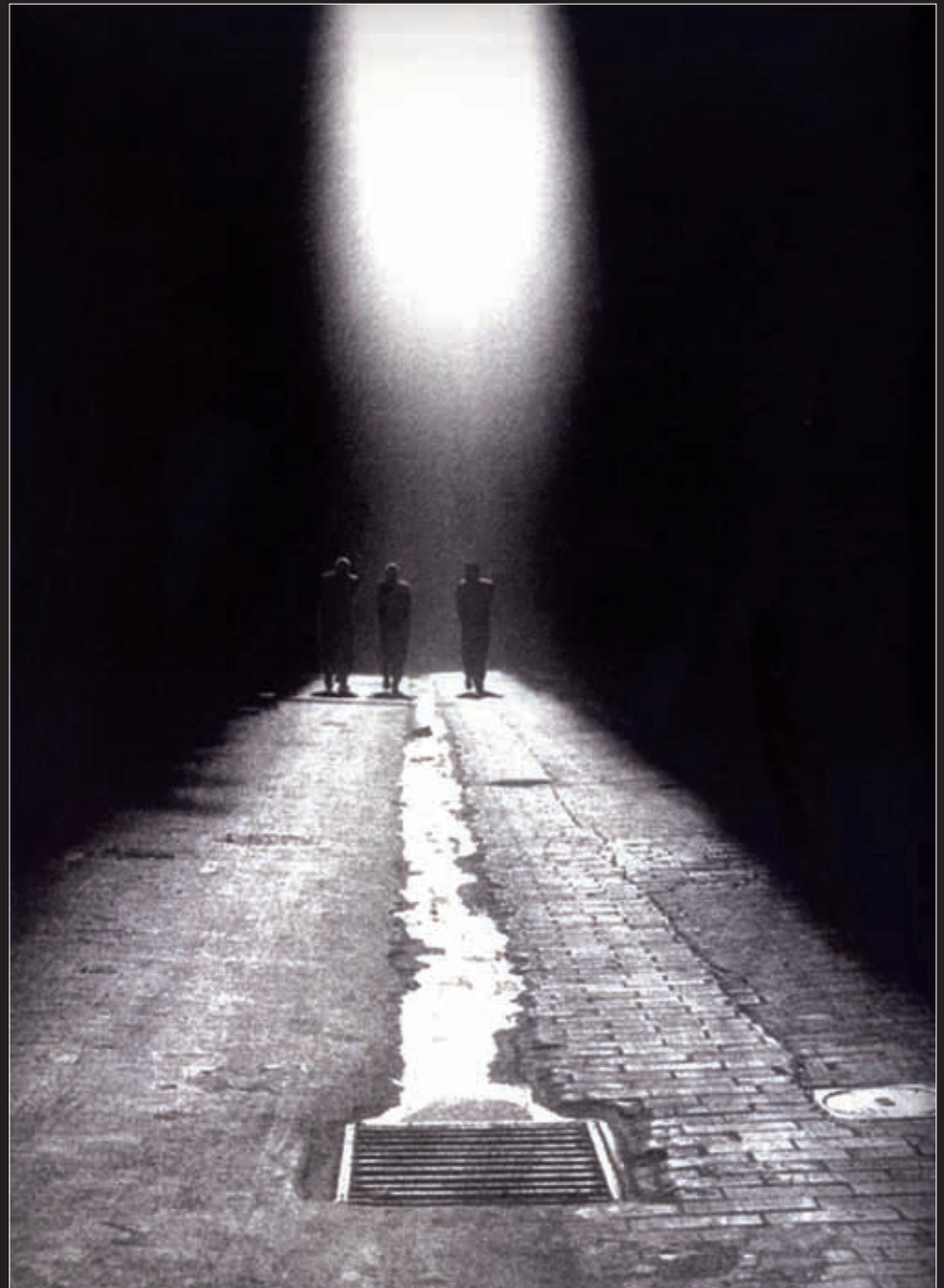
Where Is Email Taking Us

Dying Words



Mark Strizic

Photo: John Hoerner



Flinders Lane 1956 Mark Strizic

Summer 09

101
CARES

From the Inside



Peter Calwell

I am pleased to now be able to formally announce that a program will commence in early January 2010 which will provide a number of enhancements to the main building ground floor entry foyer and associated areas.

This is an exciting development which will result in rejuvenation within the ground floor and entry amenity whilst preserving the inherent nature of this iconic zone within the building. It is also another step in the advancement in our sustainability objectives and long term goals.

I encourage you to read the article entitled "Refining Perfection - Working Towards Lasting Perfection" which will provide further details of what is due to occur.

More specific details concerning this program will be issued in early December at which time we will also meet with tenants to answer any queries and provide additional elaboration.

101 Collins Street was very pleased during October to host the exhibition of Mark Strizic's photography. This exhibition was held to coincide with the launch of the Thames & Hudson publication "Mark Strizic, Melbourne: Marvellous to Modern".

There was enormous interest in this exhibition as it was clearly of great interest to not only tenants within 101 but also visitors to the building.

I would like to thank Dianna Gold from Gallery 101 for the considerable time and effort that she devoted to organising this very successful event.

In February 2010 the Australian Conservation Foundation and Peregrine Adventures who sponsor an Albatross conservation program called "Get Albatross off the Hook" will be holding an exhibition of photographs from the Antarctic within the 101 foyer.

This exhibition will conclude with an auction of the works where guests can bid to win two berths on a trip to Antarctica with Peregrine Adventures.

All funds raised will be shared equally between the Australian Conservation Foundation and "Get Albatross off the Hook".

As always seems to be the case this year has gone by very quickly and as such Christmas will soon be here.

Again this year Anglicare Victoria's Christmas Gift Tree will be located within the ground floor foyer of 101 Collins Street. Every

year Anglicare supports many thousands of children with foster care, emergency food aid, disability support and residential care.

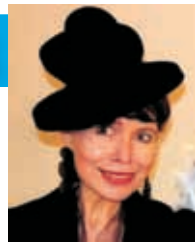
The Anglicare food and toy appeal will be officially launched on Tuesday 1st December. At the launch entertainment will be provided by the Freehills Choir and the Ivanhoe Grammar Girls Choir. All tenants within 101 are warmly invited to join us for this event.

We are most grateful for the generous support that our tenants have given to the Anglicare appeal each year and we encourage you to continue your support by placing a gift under the Christmas tree any time up until Christmas Eve.

2009 has certainly been an eventful year and one we will remember into the future. As it draws to an end I would like to thank all tenants for their support throughout the year.

From the owners and managers of 101 Collins Street our collective best wishes for the festive season and for a happy and prosperous new year.

From the Editor's desk



Alison Waters

Last month I read "Shrinking The World" by John Freeman. He asks the pertinent question "where is email taking us". By 2011 its estimated that there will be 3.2 billion uses. He proposes that we try and separate ourselves from the inbox particularly when organising our social lives. Freeman advocates that email communication cannot "be touched or tasted" - it can't replace the feeling of mixing with real people. Business writer Michael Schrage on the other hand has an entirely different point of view - read their views on page 13.

In October I attended the National Breast and Ovarian Cancer Centre Pink Ribbon Lunch at the Park Hyatt in Melbourne. The principal sponsor of the Pink Ribbon breakfasts and lunches is The Macquarie Foundation. The lunch was attended by the Prime Minister's wife Therese Rein. Ms Rein spoke powerfully, in a soft voice, about the trauma

of breast cancer and particularly about her mother-in-law's struggle with breast cancer. At the lunch a new CD was launched "When the woman you love has early Breast Cancer". This CD provides advice and information to men supporting the woman they love through breast cancer and how they can deal with their own feelings and needs.

It certainly has been a frenetic year. It's hard to believe another year has ended and that soon we will begin 2010. I would like to thank all our advertisers for supporting our magazine and look forward to catching up with you all at 101 next year.

Amicalement
Alison Waters

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Cover photo. Flinders Lane 1956 by Mark Strizic from the book by Emma Matthews, 'Mark Strizic, Melbourne: Marvellous to Modern', published by Thames & Hudson in association with the State Library of Victoria. Cost \$95

101 Collins Street Pty Ltd

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- Engineering
- Car Park
- Security

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Produced by: The Waters Group

Competitions

Please note: contact details may be used by our competition sponsors.



InterContinental Melbourne The Rialto

Located in the majestic InterContinental Melbourne The Rialto, Alluvial Restaurant absorbs the mix of old-world class and modern glamour radiating from its recently refurbished, heritage-listed locale.

Ever so stylish, this hotel restaurant also prides itself on top-class cuisine. Leading chefs provide a seasonal menu of Modern Australian cuisine with Asian and European influences, upholding the principle that all of the ingredients are grown or produced from within a 200-kilometre radius of the hotel. Diners may enjoy such dishes as the Winchelsea pork belly, or the orange and chocolate creme brulee, before making a trip to one of the two adjoining bars on-site.

Win a festive lunch for yourself and 9 colleagues in the magnificent Alluvial restaurant up to the value of \$1,000 valid during December 2009 subject to availability. Entries close 27 November.

Excludes Christmas day, Boxing Day and New Years Eve. Email icmelbourne@ihg.com with your name and contact details with "101 Collins Competition" in the subject matter.



Lunchtime Indulgence Collins Kitchen

To celebrate the festive season, Collins Kitchen is offering tenants of 101 Collins the chance to win an indulgent lunch for four people.

Collins Kitchen, located within the spectacular surrounds of Grand Hyatt Melbourne, offers a dining experience like no other. Watch as chefs create food from five different dining concepts, including Grill, Wok, Sushi, Deli and Patisserie, from the innovative, open kitchens.

The prize is made up of an express lunch set for four people. Available Monday-Friday 12 noon - 2.30pm. Valid until December 24.

To be in the draw for this fantastic prize, simply email tina.seing@hyatt.com with your name and contact details with "101 Collins Competition" in the subject line. Entries close 27 November.

Rathdowne Cellars Competition
See page 19

Il Solito Posto
Competition - see page 18

Free Jazz at Rosati
see page 13

Competition Results

Sri Panwa Resort, Thailand
-Holly Andrew - Servcorp

Palazzo Versace

Glenda Berry, - Bell Potter

Quest Collins St

Kimmie Lam - Bloomberg
Jonathon Cooke - Bell Potter
Nick Mitchell - BNP Paribas
Lisa Grima - Freehills
Gordon Hall - Goldman Sachs
JB Were
Nicole Taylor - Macquarie
Private Health

WIN A MAGNUM OF HEATHCOTE SHIRAZ!

Closes 27 November

For your chance to WIN email
rayelle@hangingrock.com.au



HANGING ROCK WINERY



Harrolds and Penhaligon's

Fragrance is liquid emotion. Penhaligon's understands the emotive power of scent. Discover your signature scent at Harrolds and create new scented memories to treasure for the rest of your life'. Email Harrolds by 27 November on mary@harrolds.com.au to be in the draw to win a bottle of this luxury fragrance.

So Define “Critical”

“ We at 101 Collins also have substantial backup power provisions that can support 100% of power needs within the building for up to seven days.”



**by Ross Boreham, Senior Manager
Engineering & Sustainability.
101 Collins Street**

The word “critical” can mean any number of different scenarios depending on your perspective. For a car accident victim, “critical” may be a matter of life or death. For a teenager who must have the latest mobile at Dad’s expense, “critical” takes on a different dimension.

In the world of Building Management we use the word “critical” rather sparingly to describe our plant and facilities, but there are two services to the 101 building upon which its ability to operate reliably and continuously are absolutely “CRITICAL”. These services are electricity and water.

Turn off electricity to a city like Melbourne for a period of 48 hours and imagine the chaos. No ATMs, no security, no communications, no refrigeration, no sewerage pumping, no petrol, no trains or trams, no traffic lights, no computers (which are required for the purchasing, communication, work and entertainment activities we undertake each day). In other words, no food, no safety, no sanitation, no lighting, no transport and no communication.

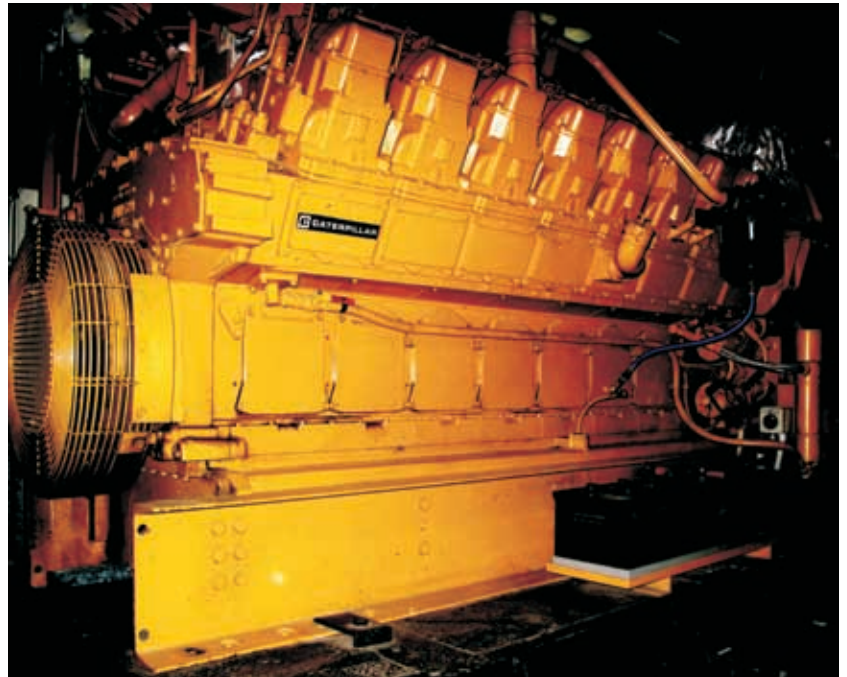
Many essential services such as hospitals, communications, water and sewage pumping stations, have back-up power. We at 101 Collins also have substantial backup power provisions that can support 100% of power needs within the building for up to seven days. We understand that this level of back-up power is unmatched within any other building in Melbourne. Thus the 101 Collins Street Building Management treats the Standby Power System as “Critical Plant”.

Accordingly, we have, over the years, undertaken numerous activities to ensure that if and when such critical plant is required, it will be ready and reliable.

These activities include: -

- Improvements to the generating sets such as jacket heaters, space heaters, improved governors and digital voltage regulation, increased alarm outputs with approaching fault indication, improved air intakes for increased response to load.
- Regular exercising of sets under load.
- Annual Generator Changeover tests.
- Management of fuel stocks.
- Regular maintenance for engines, alternators, power operated circuit breakers, control systems including auxiliaries such as UPS supplies, charger systems and fuel delivery pumps.
- Duty and Standby plant arrangements where possible together with spares on site for auxiliary motors and important equipment.
- Not operating on Natural Gas as a fuel source to ensure that 101 can function under all imposed external services failures.

101 Collins Street Management have also recently undertaken an upgrade of the Generator Plant and Control Systems Programmable Logic Controllers (PLC’s).



The reason for this capital works project is that the original standby plant PLC’s are now at an age where they may, in the next few years require repair. Should they require replacement parts, those parts may not be readily available.

This project presents an ideal opportunity to replace not only the standby plant genset PLC’s with current technology but to also extend the scope of work to include the installation of the latest technology PLC’s for the Standby Plant control and extend that to switchboard breaker management. This will ensure that the supervisory system and changeover circuit breaker management is more robust, reliable and responsive during mains failure situations. This standby plant control system will be fully integrated with the Building Management System (BMS) so that all actions can be viewed and controlled via a high level interface from the BMS should intervention be necessary.

We believe this upgrade to be a major enhancement to this critical building system and operation and this is demonstrated by the cost of these Capital Works which is in excess of \$500,000.

Over the years, 101 Collins Street has been affected by about 5 partial mains failures which have been of generally short duration (about 4 hours max). In all past cases, the 101 Collins Street Standby Power Plant has responded and provided the necessary power supply replacement without issue. It is our goal to ensure that our electrical back-up for this “critical” service continues reliably for all events in the future.

As to why we regard water as the other most “critical” service, well, that will have to wait for another article.

Refining Perfection

Working Towards Lasting Perfection

101 is about to embark on a twelve-month period of ground-floor improvements, beginning in early January 2010. The works will be the latest in a series of enhancements that 101 Management has initiated through the years to preserve the building's position as Melbourne's premier commercial address. They will be carried out in four stages, and importantly, have been programmed to cause the least possible disruption to tenants.

The main objectives are not only to enhance the appearance of the Collins Street and Flinders Lane entries, to improve the overall appearance of the lobby, and to enhance the foyer reception but also to deliver a considerably more energy efficient outcome in line with the sustainability objectives for the building.

The changes are being overseen by Bates Smart, one of Australia's most notable architectural firms, specialising in designs that engage people intellectually and socially, thereby enabling them to live in a sustainably harmonious environment.

The formal design response has been directed by Roger Poole, the Chairman of Bates Smart, who said recently, "Bates Smart is very pleased to continue working with 101 Management to continually refine, enhance and maintain one of Australia's finest workplace environments. Our intention with the new lobby is to build upon the strengths of the existing design and upgrade certain elements using the latest technology."

The improvement program comprises a number of elements.

One of these elements will involve the Collins Street entry, where the existing unfilled travertine walls, which have started to show the effects of pollution and grime, will be replaced with polished granite that matches the existing granite columns. The result will be a brighter and longer-lasting finish. A new black stone skirting will be added to the bottom of these walls for protection.

In addition, the entire lobby core wall stone will be replaced with new filled travertine stone, with flush polished-black granite skirting to better define the lift lobby entries. And the visitor entry experience will be enhanced by the addition of a new reception desk



and illuminated directory board, both of which will reflect the lobby's grand scale and timeless character.

In terms of minimising disruption to tenants, the consulting stonemasons, Henderson Marble and Granite, will scaffold the lift core one side at a time. When the scaffolding blocks some or all of a lift lobby entrance, tunnel access under the scaffold will ensure convenience is maintained. Furthermore, a graphic design treatment will enhance the appearance of the scaffolding.

Specialist lighting consultants from Arup Lighting have been engaged to design a new lighting installation to enhance the whole lobby experience. The lighting designers have utilised design techniques that play on visual contrast and spatial awareness to sympathetically reveal the grandeur of the space, with design inspiration drawn from modern New York archetypal lighting installations befitting of the 101 building. The overall result for the lighting will be considerable improvements in terms of both energy efficiency and ambience.

The Commonwealth Government's, Green Building Fund is contributing to this lighting upgrade given the substantial reduction in energy consumption that will be achieved.

In the meantime, ongoing online and offline communications, updated each quarter, will ensure that you all know exactly how things are progressing.

InterContinental Melbourne The Rialto

The \$60 million transformation of The Rialto is delivering a new way to experience Melbourne.

Melbourne's grandest heritage hotel, The Rialto building, reopened late last year as InterContinental Melbourne The Rialto, bringing one of the finest brands in international hotel luxury to Australia's most cosmopolitan and vibrant city.

The \$60 million resurrection has seen one of the city's last and best remaining examples of 19th century gothic architecture transformed into a world-class international hotel by Joseph Pang Studio.

Joseph Pang and his team have married the historical aspects of a true architectural icon with an exciting and unexpected contemporary design. The result is an encapsulation of the spirit of Melbourne; a blend of rich and unique history with a cosmopolitan culture that cities the world over aspire to but rarely achieve.

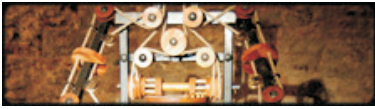


"It is our genuine interest in our guests that stands the InterContinental brand apart. Our philosophy is to open up each destination to our guests, making available the authentic local experiences that will enrich their stay and make it memorable," said InterContinental Melbourne The Rialto general manager, Manrique Rodriguez.

InterContinental Melbourne The Rialto offers all the facilities and services expected of a luxury international

hotel, including a variety of five star dining establishments and bars, a stunning Club InterContinental overlooking Collins Street, private business environments and a unique suite collection that will take best advantage of the building's gothic heritage.

To book, visit www.intercontinental.com/melbourne or call 1800 221 335.



Leonardo da Vinci's 'Anatomy to Robots'

Direct from Florence, this exhibition allows you to explore the extraordinary mind of the Renaissance Master in a way that has never been done before. One of the world's greatest artists and engineers of all time, Leonardo was born with an insatiable desire for knowledge, at a very young age he declared 'Experience will be my mistress'. Throughout his life, in his quest to know everything about everything, he pushed the boundaries of experience, becoming a master in his passionate understanding of nature, science and art.

This exhibition is a once-in-a-lifetime opportunity to view Leonardo's stunningly diverse imaginings brought to life with life size anatomy models, interactive robots and inventions and runs until 31 January at Queensbridge Square.

"St Kilda Angel" - The Best Christmas Present!

This painting "St.Kilda Angel" by Mirka Mora was painted while she was living in Barkly Street in 1988. She loved it so much that she had hidden it away - only to later find it and give it to unChain St Kilda. Until now Mirka Mora has never allowed any of her work to be reproduced as a print but she has done so to help the people in St Kilda where she has lived most of her life.

This is a 250 limited edition reproduction, numbered and individually signed.

For more information contact Anna on 0414 357 192.



The reproduction is 20in x 24in on 23in x 26.5in paper (58x67cm) and costs \$500.



2009 Clemenger Contemporary Art Award

National Gallery of Victoria until 7 February.

The Clemenger Contemporary Art Award was established by Joan and Peter Clemenger through a generous gift to the NGV in 1991. Spanning nearly twenty years, the Award has focused the public's attention on the achievements of a diverse range of distinguished Australian artists. The history of the Clemenger Contemporary Art Award documents the evolution of Australian contemporary art over a critical period of time.

Photo of winning entry: Ah Xian Concrete Forest 2: Sagittaria trifolia (Threelaf Arrowhead) 2008-2009 (detail) concrete. 55.5 x 45.5 x 27.5 cm Collection of the artist

CULTURE & EVENTS

Summer

The Cairo Club Orchestra in The Ruby Revue



Sunday 29 November at The Comics Lounge, 26 Errol Street, North Melbourne

The Cairo Club Orchestra is the resident band for this old-fashioned variety night with burlesque artists. It is an American-type dance band based in Melbourne, comprising ten swell guys dedicated to the faithful recreation of the hot sounds of the 1920s, 30s and 40s. They all play on period instruments, and if you asked them why they do it, they'd tell you they do it because it's fun!!

Check www.therubyrevue.com for ticketing details.



The Wind in the Willows is being performed twice a day at 11am and 6pm for kids of all ages in the Royal Botanic Gardens from 29 December to 30 January

Back for its 21st anniversary season, the Australian Shakespeare company is performing A Midsummer Night's Dream in the Royal Botanic Gardens from 21 December to 13 March. There will be a gala performance on Monday 21 December to coincide with the first production 25 years ago.

Gift vouchers are available and would make a great Christmas gift, so get your picnic hamper ready and go and enjoy the comic tale.

Rosario La Spina CD Launch - 101 Foyer

Wednesday 18 November 6.30pm - 7.30pm

Australian tenor, Rosario La Spina, the star of Aida for Opera Australia, is launching his latest CD "Rosario" in the foyer of 101 on Wednesday 18 November at 6.30pm. The Orchestre Philharmonique de Monte-Carlo and conductor, Richard Mills accompanied him on this selection. This is Rosario's debut solo recording under a new exclusive contract with Decca and ABC Classics. This collection highlights some of the great heroic roles of the tenor repertoire with a host of Neapolitan songs. Richard Mills, one of Australia's leading conductors, will be with Rosario for the launch.



RSVP alison@thewatersgroup.com.au by 17 November

FESTIVE CELEBRATIONS.



At InterContinental Melbourne The Rialto we understand the challenges of arranging a Christmas event or private dining. Beautifully appointed and designed, Alluvial Restaurant and a selection of meeting rooms offering fine dining in a unique and historic setting. Let Executive Chef, Nick Read take care of your special occasion dining this festive season with a modern Australian menu inspired by ingredients and styles from around the world and premium, hard-to-find Victorian produce.

Expectations are high and time frames are often tight. This is why we'd like you to leave all the arrangements to us so that you can relax and make the most of this festive season.

Festive Events bookings and information: T: +61 3 8627 1424 F: +61 3 8627 1414 E: events.icm@ihg.com

Alluvial Festive Celebrations bookings and information: T: +61 3 8627 1567 F: +61 3 8627 1414 E: icmelbourne@ihg.com

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INTERCONTINENTAL®
MELBOURNE THE RIALTO

National Breast and Ovarian Cancer Centre Pink Ribbon Lunch in Melbourne

The Macquarie Group Foundation, the philanthropic arm of Macquarie Group, is a long-term supporter of the NBOCC - a partnership that began in 2003. Throughout this time, the Macquarie Group Foundation, together with Macquarie staff, have supported various NBOCC initiatives including the initial creation and then the redevelopment, a few years later, of the NBOCC website.

For this particular project, Macquarie not only provided financial assistance but also expert advice from Macquarie's IT department for the technical development of the site.

Today, www.nbocc.org.au is a leading source of information for both health professionals and those affected by breast and ovarian cancer. The Macquarie Group Foundation is also a Principal Supporter of the Pink Ribbon Breakfast and has supported this important initiative since 2004.

At an emotional lunch in October NBOCC launched its new CD "When the woman you love has early breast cancer".

Breast Cancer is the most common form of cancer among women in Australia affecting one in nine women by the age of 85 years. When a woman has cancer her partner and family are also affected. This CD provides advice and information to men supporting the woman they love through breast cancer and how they can deal with their own feelings and needs. On the CD men and health professionals share their insights on the way that they have dealt with the physical and practical issues of supporting a woman with breast cancer.

The Macquarie Group Foundation has been providing support to community programs for more than 36 years in the areas of health, education, the arts, welfare and environment. Today the Foundation is one of the largest corporate benefactors in Australia.

In the year to March 2009, the Foundation contributed \$26 million to 900 community organisations around the world. Since 2000, a period over which the public's perception of corporate philanthropy has changed significantly and evolved rapidly, the Macquarie Group Foundation has contributed \$71 million to its not-for-profit partners.



Above: Dr Megan Keaney, Chair of NBOCC Board, Ann Hollingworth and Deb Bain, Members of the Pink Ribbon Lunch Advisory Committee, Wayne Kent Executive Director Global Head of Equity Markets, Macquarie Capital Advisers Ltd. and Angela Pippas, MC

Top right: Thérèse Rein, wife of the Prime Minister, the Hon. Kevin Rudd MP
Right: Dr Helen Zorbas, CEO of NBOCC and William McInnes





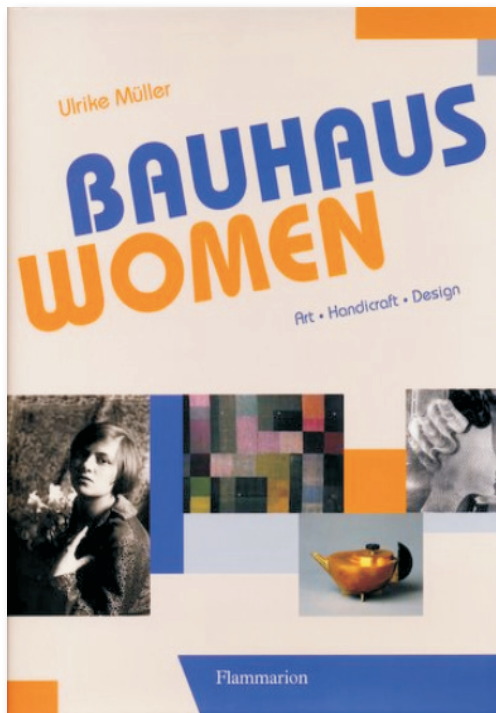
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Bauhaus Women

by **Ulrike Müller**

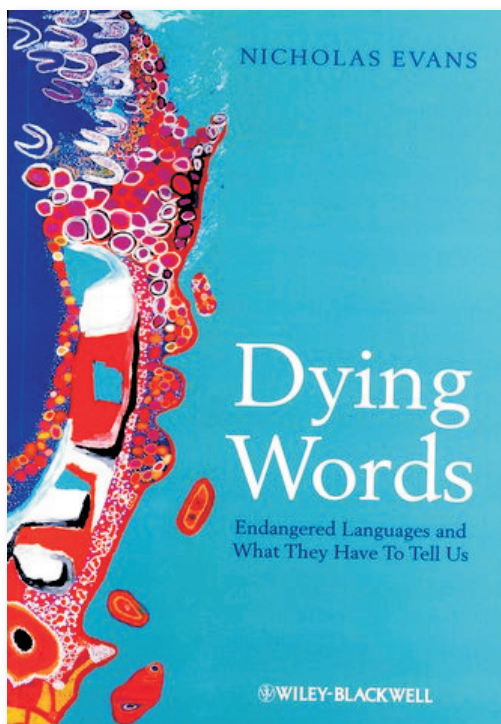
Publisher Flammarion \$75

The famous dissident art movement Bauhaus was founded in 1919 in Germany at the dawn of the Weimar Republic. Most of its students were poor and lacking in just about everything. What the Bauhaus school did have was an “abundance of enthusiasm, talent, and innovative creativity”. We have all heard of architect Walter Gropius, the founder of the movement, who attracted to the Bauhaus School of Design leading artists and designers such as Paul Klee, Johannes Itten, Josef Albers, Herbert Bayer, László Moholy-Nagy, Otto Bartning and Wassily Kandinsky. But there are no women in this group.

It is surprising to find that over half of those seeking to enrol at the Bauhaus School were women. We have known little about these female artists and their work until now.

In this riveting monograph the author Ulrike Müller redresses the balance of this masculine-dominated movement by giving us the biographies of female painters, photographers, architects, sculptors, and designers of the Bauhaus School, who helped shape the cultural history of the twentieth century.

Müller profiles the talented artists, Grete Stern, Lucia Moholy, Marianne Brandt and Florence Henri, to name but a few and many more who sought independence in their lives and work, “unleashing unconventional innovations in everything from industrial design to textile arts such as hand weaving”. Many of the Bauhaus artists were forced to flee Germany with the rise of Nazism.



Dying Words: Endangered Languages and What They Have to Tell Us

by **Nicholas Evans**

Paperback 312 pages published by Wiley-Blackwell \$49.95

About 6000 languages are spoken across the world today. By the end of the 21st century between half and 90 per cent of these will have become extinct, many without being recorded in any systematic fashion.

More than 150 indigenous languages were spoken in Australia in the early 1980s; the figure is now about 70. That total may fall as low as 20 by 2040. The trend is overwhelming, and almost unstoppable, given the strength and power of English. “Every two weeks,” Nicholas Evans the author says “somewhere in the world, the last speaker of a fading language dies. No one’s mind will again travel the thought-paths that its ancestral speakers once blazed. No one will hear its sounds, no one can go back to check a translation.”

Many of us interested in indigenous art have heard of Sally Gabori, the star of the new Mornington Island art movement. Work from her painting tradition adorns the cover of this marvelous book. Evans a well respected linguist worked for 20 years with the Kayardild people on Mornington Island.

Evans immersed himself in Kayardild, a language with many striking features, among them a “precise word system for fixing an individual’s spatial orientation”. There were about 40 Kayardild speakers when he started his research but only four remain alive today.

There’s a great deal of extinction in Dying Words. One of Evans’ rationale for preserving languages is “People themselves respond to you if you know their language. Learning a language is an act of respect towards a culture ... Each language,” he writes, “contains its own unique set of clues to some of the mysteries of human existence.”

Yet, for all of the talk of extinction, this book is positive, vital, joyous and full of wonder at the diversity of human life. As Evans so provocatively asks “is language, then, the glass through which we see the world, or the veil that obscures it? Or is the world the veil?”



GRAND CUISINE

Step into Collins Kitchen for a quick lunchtime indulgence. The Express Lunch Sets are the perfect solution for an impressive, affordable and time-efficient business lunch or mid-week catch up.

Lunch Sets \$30 – \$38 including a glass of wine.
Available Monday – Friday, 12 noon – 2.30pm.

For reservations please contact Collins Kitchen on 03 9653 4831, or email ghmelbourne.collinskitchen@hyatt.com.

Collins
KITCHEN

123 Collins Street Melbourne Victoria 3000, Australia
TELEPHONE +61 3 9657 1234 FACSIMILE +61 3 9650 3491 melbourne.grand.hyatt.com

Simone Tomas, Manager, Servcorp

Q Who do you most admire?

A My father for teaching me to think for myself and always question the status quo and my mother for teaching me the importance of choice.

Q What in your life do you most regret?

A Nothing! Its all the experiences, good and bad, that make me who I am today.

Q What in your view is your greatest achievement?

A In the same year I decided to move cities and start a new career. It was daunting moving to a new place without knowing a soul and my move from Advertising to a highly corporate environment took a bit of getting used to. Both decisions were well worth it though.

Q What of your possessions do you treasure most?

A I have worn the same tiny pearl ring every single day for the past ten years. It's almost three generations old and was handed down to me from my grandmother and then mother. I hope to hand it down to my children one day.

Q What is perfect happiness to you?

A The days where you don't have a care in the world and feel compelled to belt out the songs on the radio. Bliss.

Q What quality most characterises you?

A Sincerity.

Q Which virtue do you consider overrated?

A By definition a virtue is a good thing. Can you ever have too much of a good thing?

Q What do you fear the most?

A Dying - I enjoy life too much.



Q What characteristic in others do you most dislike?

A Weakness and insecurity.

Q What quality do you most admire in a woman?

A Confidence.

Q Is there a special place you would like to live?

A Croatia. My parents were both born there. It's a stunningly beautiful country. Particularly the coastline.

Q What quality do you most admire in a man?

A Again, Confidence.

Q What are the words you most overuse?

A "But why". Those who know me well know that I am always looking for some sort of underlying meaning, an explanation of why something is. 'Just is' isn't good enough for me.

Q What do you perceive is your current mind set?

A Inquisitive and contemplative.

Is the speed of our email communication threatening what it means to be human?

By Alison Waters

For

I have just finished reading *Shrinking the World - The 4,000 Year Story of How Email Came to Rule Our Lives* by John Freeman editor of *Granta* and published by Text Publishing. Freeman believes our addiction to email is not a sustainable way to live and asks the pertinent question - "how many of our most joyful memories have been created on Screen". He argues that email communication cannot be touched or tasted, it can't replace the wonderful feeling of togetherness that one gets from mixing with real live people.

It now seems unbelievable that the first email was sent less than forty years ago. By 2011 it's estimated there will be 3.2 billion users. Freeman argues very persuasively that we need to separate ourselves from the inbox and become more discriminating about how we communicate and socialize

Freeman's book is extremely well-researched, drawing on linguists, scientists, critics and philosophers. Freeman reveals how changing methods of communication have eroded the great distances between us. He explains how telegram, newspapers, synchronized time and railway networks have changed everything from the nature of military intelligence to the messages we write loved ones. From love poems delivered on clay tablets to the art of the letter, to the first era of information overload, he asks the pertinent question - Where is this taking us?



Against

Michael Schrage, on the other hand, has a different perspective. He is a great advocate of email as a communication tool, both socially and for business. A researcher at MIT Sloan School's Center for Digital Business and a visiting fellow at the Imperial College Business School, Michael Schrage is the author of "Serious Play". In his recent blog "The Disadvantage of Twitter and Facebook", Schrage argues about the effectiveness of email.

"Every day, people I like and respect — and quite a few I don't — take a quick moment of their digital time to forward me an article, a blog post, a link, a chart, a URL, a review, a YouTube Q&A that they think I will find of interest. I confess I'm frequently astonished — both pleasantly and not — by who sends me what. When more than two people send me the same thing, I know to pay attention. And furthermore, at least twice a week, these "forwards" trigger something that I will pursue or even change my schedule in order to do. "Forwards" are that useful. I'm happy to get them and I remember who sent them.

"I send them too, and whenever browsing online, I always make the effort to find and forward at least a couple of compelling clips and links to colleagues and clients. I want them to know that, not only am I thinking of them but, I'm also constructively acting on those thoughts. I want them to be pleased, grateful, and impressed. An immediate call or exclamatory "Thanks!" in response is a clear win. People should feel confident that I'm literally and figuratively looking out for them. That feeling should be core to my "brand". ..."

"As I review my sent mail over the last two years, I estimate I've forwarded an average of five items a business day — or roughly 100 a month. When I examine who they were (largely) sent to and the relationships we have, I'd have to say that — on a value-per-unit-time basis — "forwarding" ranks as one of my most productive behaviors either online or off".

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*Rosati will be closed for private functions from 4pm Friday 13/11/09 & Friday 18/12/09.



Chill Out

By Alison Waters

In July I decided to take a week's break from work. Sleep had become elusive and my brain and body deprived of the vital rest it needed was reaching a state of near exhaustion. More alarming was that my thinking ability had clearly deteriorated resulting in unsettling emotions and free floating anxiety.

I had the choice of seven days in Paris staying with friends or going to a health retreat in Australia. My body rebelled from the thought of a long flight to Paris. I chose the health retreat - time to just chill out and regain some sense of peace and tranquility and externally regain a level of fitness.

I searched the internet, asked friends for advice on what retreat to choose. I finally made the choice of The Golden Door in Queensland - a mecca for many men and women professionals over the years - many acknowledging that the experience of a week had changed their life.

Just a half hour drive from Surfers Paradise, the Golden Door Health Retreat offered me a total health overhaul program in a peaceful rainforest setting. Exercise, relaxation, wholesome food and body treatments are part of their holistic health approach. This sounded immensely appealing. The only preparation they ask of you is to try and refrain from drinking caffeine a week before you arrive. There is no alcohol or tobacco allowed at the Golden Door.

After a two hour flight from Melbourne we were met by The Golden door representatives and taken by bus to the retreat about an hours drive from Brisbane. Most of my fellow 40 participants were female and about 35 years old.

I was fortunate to be assigned split level chalet one, at the base of a rather steep mountain with chalets dotted in the surrounding rainforest. My one-bedroom, air-conditioned chalet had a pleasant liv-



ing room, a bathroom, a kitchen and balcony with beautiful tropical views. You soon learnt, especially if you were in a chalet further up the mountain, that there was no dashing back for a rest or a change of clothes. You have to take everything with you in a day bag for your daily program. You are first assessed by a naturopath then your level of fitness is assessed.

At breakfast most of us gathered at group tables to discuss why we're here, which treatments we've tried and, inevitably, what we're eating. The food is delicious. You have three healthy meals a day with an emphasis on fresh fruit, herbs and vegetables. I endured a 48 hour caffeine free headache before waking up with a clear head.

The day started at 5.45am where we are pleasantly woken by a tap at the door and a cheery greeting. We greet the sun, and part the clouds with Tai chi in a clearing by the rainforest at 6.15am. Then our group walked for an hour around the local dirt roads through the rainforest. By then we were all ravenously hungry and devoured a delicious breakfast back in the dining hall.

Next stop was the studio framed by a mature Moreton Bay fig tree. This tree had a sense of grandeur, an immensely wide canopy and huge fat trunk with enormous buttress roots framed by the doors of the open studio. In my range of vision was the glorious foliage and the knarled surface roots but I was also aware of what I could not see, the immense deep roots that must stretch under the studio.



With all my exercise, meditation, and yoga programs in this glorious studio I would gaze intently at this special tree and what I would most contemplate is the visible and invisible world, the inner and outer personal world the tree suggested. The wind would move through the leaves but I would hear no movement just see the change in light to dark and dark to light like a synchronized Mexican wave.

My mind started to clear. I was reminded of the French writer and philosopher Antoine de Saint Exupery "What is essential, is invisible to the human eye. One can only see with the heart. What is important are the bonds that link us to one another in a concept greater than ones self". In the scheme of things this magnificent Moreton Bay showed me once again how insignificant we really are, how easy it is to be wrapped up in our own small self obsessed worlds - my spirit was starting to heal.

For the energetic there's an outdoor pool and an indoor 25-metre pool for laps, stroke correction, water polo and "aqua noodles." There are tennis courts, indoor badminton/volleyball/ basketball courts, a gym and studio I have already discussed for meditation, Pilates, cardio and other classes. Then there are walks, bike rides, informative lectures and entertainment at night if you can keep awake.

Chief Marketing Officer for The Golden Door Australia, Stuart Ford, says they have seen an emerging trend with companies seeking ways in which to integrate wellness into their workplace. "Many of

our clients have recognized the importance of employee wellbeing and have seen how effectively our programs can assist with fatigue and employee stress," he says. Golden Door's programs can also help enormously with boosting employee morale and help bring about positive lifestyle changes."

The Golden Door Queensland is at 400 Ruffles Road, Willow Vale, about 40 minutes from the Gold Coast or



Brisbane. A five-night program costs from \$2205 a person, twin share, including accommodation, all meals and drinks, classes and four spa treatments. Phone 1800 816 906. www.goldendoor.com.au



Fashion

The exciting Pauw collection is now instore at Cose Ipanema 113 Collins Street. This luxury collection from Amsterdam features high quality clothing for the discerning woman. The Pauw designers felt the need to twist, bend and fold and the results are impressive. Most of the clothing is trans seasonal. See Sam at 113 Collins Street Ph 9650 3457



COSE IPANEMA

113 Collins Street
Ph 9650 3457



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Alison's Social Diary

Photography: John Hoerner



Above: Melbourne Lord Mayor Robert Doyle.



Right: Emma Boling

Riding High

Emma Boling launched her delightful debut novel "Riding High" at the Gucci boutique in Collins Street. The novel set in the glamorous international racing world is published by Penguin. The book was officially launched by Lord Mayor Robert Doyle.



Solo exhibition Ivan Namirrkki

In association with Maningrida Arts and Culture at Gallery Gabrielle Pizzi

Ivan Namirrkki started to paint when he was seventeen years old under the guidance of his father Peter Maralwanga Kuninjku, bark painter and sculptor. At the launch of this totemic work the indigenous artist Ivan Namirrkki and Debra Reich, Arts Director, Maningrida Arts and Culture, Arnhem Land, spoke eloquently about Ivan's work. In this striking exhibition his work seems to be becoming more and more abstract as he experiments with new types of infill and a wonderfully rich earthy palate. In innovating both the treatment of rarrk (cross-hatching) and in the iconic representation of important Kuninjku ancestral stories, he expresses in a dynamic way "his strong connections to the land and ancestral power."



"My Bookshop"

Owned and operated by well known journalist Corrie Perkin, "My Bookshop" has recently opened at 513 Malvern Road. The aim of the bookshop is to "offer a safe place and a stimulating environment, as well as plenty of events, discussions, promotions - and books - that engage, enthrall and entertain". On November 4 Alex Miller in a book signing event chatted to Corrie and the audience about his life, work and new novel "Lovesong" Phone 9824 2990.



Above: Peggy Perkin and Penguin publisher Bob Sessions

Left: Alex Miller and Corrie Perkin.

Far left: Christina Fitzgerald and Nick Ingram.

Win lunch on the house at Il Solito Posto and help StreetSmart

From 1 - 24 December, enjoy lunch at Il Solito Posto and you may be given your lunch for free! This very generous offer is all in aid of StreetSmart, the charity that helps the homeless.

One lucky table every weekday during the event will be chosen for the free lunch. Owner of Il Solito Posto, Michael Tenace, will donate the value of your lunch to StreetSmart.

Il Solito Posto and their customers have been the top fundraisers in Victoria for the StreetSmart event for the past 3 years,

raising close to \$25,000. 100% of this has gone to assist grassroots projects helping the homeless in the inner city of Melbourne. www.streetsmartaustralia.org

This is a very special offer and to be eligible you must work at 101 Collins St. If you wish to participate, please advise us that you work at 101 Collins St, upon making a dining room reservation (03 9654 4466).



Wine lovers' Mecca

Rathdowne Cellars have been supplying wines to the local community in North Carlton since the mid 1900s. The Kidd family bought the Cellars in 1991 and son, Cameron now manages the business, and continues the family commitment to providing quality wines, excellent service and great value.

Regarded as one of Melbourne's finest wine stores their staff travel around Australia and the world to discover the latest trends to supplement their diverse range of local and international wines, from everyday drinking wines to the rare and unusual.

A big emphasis of their business is on education. Their staff are renowned for their friendly approach and level of knowledge and passion about wine. They conduct regular in-house tastings, run beginners wine appreciation courses and Master Classes from renowned wine makers, as well as events such as their annual Spanish Sherry tasting Fiesta. A perfect gift for the wine lover would be a wine education voucher to attend one of their courses.

Matching wine with food is always tricky. Rathdowne Cellars run regular dinners, often with winemakers in attendance, to match food with wine. They will also help you to choose the right wines for your event or dinner party – just take in your menu and their informed staff will suggest a range of wines to suit your taste and budget. Delivery is free for wine orders over \$150.

Another innovative idea is the storage of wines. In this hot, dry country of ours, very few of us have access to that bluestone farmhouse in the hills complete with an extensive network of temperature-stable underground cellars! But there is an answer! For as little as \$3 per case per month, you can let the team at Rathdowne Cellars take care of things.

If you want a special wine to be sourced for you, if you want to try new and exciting styles, if you want your wine to be stored, if you want to improve your knowledge of wines - Rathdowne Cellars is the place to go. They don't just sell wine, they live it. **And as a special offer to tenants of 101 Collins Street, initial corporate wine orders over \$150 will receive a place at their Introduction to Wine Tasting course.**



Win wine for Christmas



Win the ultimate selection of wines for your Christmas day!

The team at Rathdowne Cellars have chosen an exceptional collection of six wines to complement a decadent Christmas banquet of canapes, seafood, ham, turkey, cheese and plum pudding. Valued at over \$530, the selection includes wines from Australia, France and Spain and a stunning Sherry.

Pol Roger NV

Woodlands 'Chloe' Margaret River Chardonnay 07

Domaine Christian Moreau 'Cuvée Guy Moreau'

Chablis Premier Cru Vaillon 07

Roda Reserva Rioja 02

Mount Langi Ghiran Shiraz 98

Lustau Centenary Selection Pedro Ximenez NV

For a chance to win please e-mail your full name and contact details to wine@rathdownecellars.com.au with '101 Xmas draw' in the subject line. Please state in your e-mail if you would like to be added to our mailing list. Entries close 27 November



Kate Hill Flowers - Florist Par Excellence

Kate Hill has taken the business of flowers to the next level. Gone is the shopfront and retail business. Kate concentrates on professionalism and perfection in the provision of a full floral service for corporate businesses, weddings and major events where she can give her total attention to the job in hand.

Kate has 12 years experience in award-winning design with qualifications in interior and floral design. Her satisfied clients include the Intercontinental Melbourne, Crowne Plaza, Tiffany & Co, Wayne Cooper, The Sebel, The Como, Chanel and numerous brides!

As Kate says "my aim is to make a statement with flowers beyond anything you have experienced before. I look forward to making the next time you order flowers a complete indulgence."

Her point of difference is that she only

provides premium grade flowers with freshness guaranteed for a week. She can provide a weekly delivery, set-up and removal service designed to suit any environment. As well as corporate services, she has a complete on-line service with the perfect flower for any occasion. Kate has built a solid reputation as one of Australia's leading wedding and special event floral designers.

Kate Hill has innovative design concepts, incredible attention to detail and customer service that inspires confidence from the very beginning and as such fits very well into the demands and requirements of tenants at 101 Collins Street.

Kate Hill Flowers
6 Albert Place South Melbourne VIC 3205
www.katehillflowers.com.au



Grand Hyatt and the Festive Season

Christmas is fast approaching and Grand Hyatt Melbourne has a great range of festive offers for you to enjoy. Step into Collins Kitchen for a quick lunchtime indulgence. The specially designed festive menus are a great way to celebrate with family, friends or colleagues. Sample the innovative authentic cuisines including sushi, grill, wood oven, steamer, deli and patisserie. These menus, priced from \$38 to \$45, are available from 7 - 24 December.

And why not take the drudgery out of Christmas Day preparations. Collins Kitchen are offering you a choice of a champagne breakfast, or the ultimate lunch or dinner buffets. Or celebrate New Year's Eve with a three course dinner with champagne on arrival and a three piece jazz band - a grand affair to remember. The exclusive RU-CO bar is an alternative for New Year's Eve with their classic cocktails, signature martinis, local and imported wines and a selection of the finest flavours from Collins Kitchen, with a DJ to provide the perfect ambience.

There is now a special Saturday lunch offer - the perfect spot for the hungry shopper or for a pre-matinee lunch. For \$48 per person (\$24 for children under 12) the menu features diverse delights including sushi and sashimi, freshly shucked oysters, salads, antipasto and the best of local and international cheeses. And finish off with a sweet treat from the decadent options from the patisserie.

Contact Collins Kitchen on 9653 4831



Harrolds Hat Trick

Australia's most exclusive men's wear boutique, Harrolds, has won three retailer awards cementing their position as one of Australia's premier retail environments. The awards are the TNT Ragtrader Men's Wear Retailer of the Year for 2009 (for the fifth time), the ICSP International Customer Service Award: Jetset Travelworld Medium Business Award GOLD for 2009, and the National Catalogue Awards in the Boutique Cataloguers: Specialty Retailers & Marketers category for their Autumn/Winter 2009 Catalogue. With stores in Melbourne and Sydney, Harrolds has again proven that the high quality service that the boutiques are renowned for, not to mention the unique product mix from some of the world's most esteemed fashion brands, has resulted in recognition for their contribution to Australian retailing.

Harrolds owner, Theo Poulakis, commented "We are delighted to have won these prestigious awards. It's wonderful to be recognised for not only our retail offering, but our customer service and marketing collateral. It's a testament to our team and staff that understand and reflect our brand and core values. Importantly, we are always trying to invigorate the collections we carry to reflect what our clients want, while keeping our stable, more classic collections that Harrolds is renowned for. This is a risk, but it has certainly paid off."

There is no doubt Harrolds is Australia's best when it comes to high end men's retailing, and these three important awards across all industry categories is a fantastic credit to the boutique and the Harrolds team.

Raffaele Caruso

.....
HARROLD'S
CLASSIC LUXURY



HARROLD'S

MELBOURNE 101 COLLINS STREET & CROWN CASINO / SYDNEY 39 MARTIN PLACE (CNR ELIZABETH STREET)
HARROLD'S.COM.AU / 1300 888 828

Gallery 101 Exhibitions October - December 2009

5 - 23 OCTOBER
MARK STRIZIC
MELBOURNE: MARVELLOUS TO MODERN

Book Launch & Exhibition of rare and archival silver gelatin photographs in the Foyer of 101 Collins Street, Melbourne.

'Mark Strizic, Melbourne: Marvellous to Modern', by Emma Matthews, published by Thames & Hudson in association with the State Library of Victoria. The book can be purchased at Gallery 101 for \$95.



14 - 31 OCTOBER 2009

TIM GRESHAM

PHASE

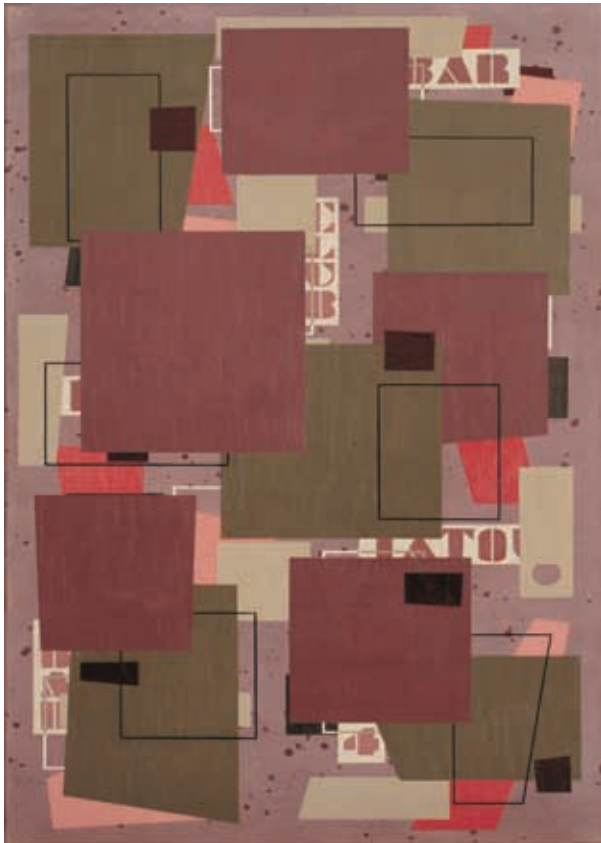
Tapestry & Photography

Tim Gresham's abstract images are about pattern and rhythm. In his latest body of work black and white photographs and woven tapestries convey a sense of the subtle correspondences between the designs of nature and architecture. Striation and oscillation in colour and tone introduce a musical fluidity to the formal structure of the grid. Working with the specific demands of each medium, Gresham's works are imbued with a paradoxical sense of time in which slowness and vibrancy coexist.

www.timgresham.com

TIM GRESHAM, Frequency II, 2008,
Lambda print 1/5, 60 x 60cm

TIM GRESHAM, Liquid Module I, 2007,
woven tapestry, 60 x 60cm



4 – 28 NOVEMBER 2009
CHRISTOPHER HEATHCOTE
KIND OF BLUE
Painting

'The paintings emerge from having spent nearly twenty years working in three successive studios in Melbourne's central business district. At a certain point I became aware that the insistent geometry of the locale was, in a positive way, affecting the way I composed. Things like the configuration of windows, signs, verandahs and doors, the canyon-like buildings rising above me, the plan of the streets, lanes and arcades, the colours, textures and surface sheen of the urban fabric - I began to savour these visual elements. So I made it the substance of my work.'
Christopher Heathcote, 2008.

CHRISTOPHER HEATHCOTE, Walkin' on the Lane,
oil on linen, 111 x 66cm

2 – 18 DECEMBER 2009
BILLY MISSI
URAPUN KAI BUAI
Contemporary Torres Strait
linocuts

Urapun Kai Buai, a Dumbunji Press KickArts Fine Art Printmaking Exhibition in association with GALLERY 101.

Urapun Kai Buai (one big kin) focuses on family and cultural protocols, and the artist's contemporary life experiences growing up in Zenadh-Kes (the Torres Strait). Along with kinship, inspiration for the series of images is based on the natural environment and what the artist describes as 'pure nature' reflecting the traditional ways of survival, including everyday stories and knowledge. The artwork is part of a distinct printmaking movement in the Torres Strait that integrates traditional wood carving skills with contemporary art practice, and enables Indigenous artists such as Missi to pass on significant oral history and cultural heritage through visual stories.



BILLY MISSI, Sapur au Kubi (dark flock of bats), Linocut printed in black ink from one block, Paper Arches BFK 300 gsm, 693 x 995 mm, 2/90, 2006

GALLERY
101

GALLERY 101
Ground Level,
101 Collins Street, Vic 3000
Telephone: (03) 9654 6886
Facsimile: (03) 9663 0562

Tuesday - Friday 10am - 5pm;
Saturday 12 - 4pm.
arts@gallery101.com.au
www.101collins.com.au
Dianna Gold - Director

ACGA
AUSTRALIAN COMMERCIAL GALLERIES ASSOCIATION

Secrets

From a Sommeliers Diary

HANGING ROCK
Macedon NV Brut Cuvée



**'I've never tasted a better
Australian sparkling wine:
sheer perfection...'**

- James Halliday

HANGING ROCK
Heathcote Shiraz



**'I regard John Ellis as
the godfather of
Heathcote Shiraz...'**

- John Lewis *The Newcastle Herald*

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Hanging Rock Order Form:

www.hangingrock.com.au

HANGING ROCK
Winery
Macedon Ranges

*Life's short,
drink well.*