

101

COLLINS
The 101 Quarterly

101
CARES

Summer 2012

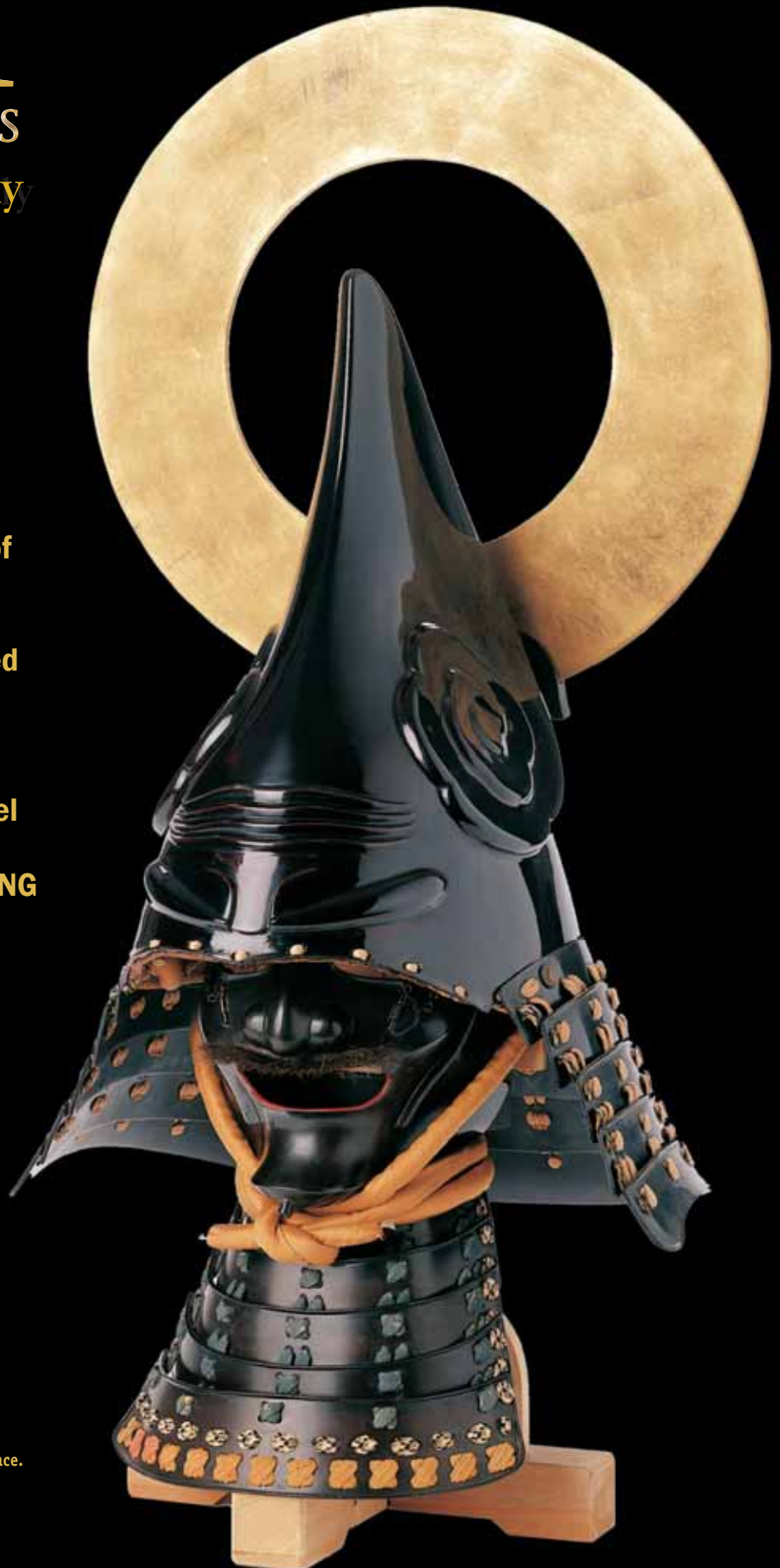
**Pauline Gandel Gallery of
Japanese Art at the NGV**

**Troy Upfield - A Dedicated
J B Were Cyclist at 101**

**What Money Can't Buy
Professor Michael Sandel**

Trekking for Charity in PNG

**Hey, Good Looking,
Who's Cooking?**



**KABUTO Samurai Helmet Edo Period
Seventeenth Century**

Provenance: Lord Yoshiaki Kato of Aizu province.

**Acquired for the Pauline Gandel Collection by
Lesley Kehoe Galleries 101 Collins St**



Peter Calwell

From the Inside

Gilbert & Tobin, Sumitomo, The Wingate Group, Franklin Templeton and CIMB are organisations that have all recently committed to new tenancies for premises within 101 Collins Street. I would like to extend a very warm welcome to all of these new tenants and we are all very pleased that they have joined the 101 Community. To those existing tenants who have recently agreed to renew their leases for further terms we also

thank you for your continued commitment to 101.

In July this year we commenced a review of our waste management and recycling program. In August 2008 we introduced the current program with the main objective being to direct to recycling those items that could be recycled and minimise waste sent to landfill. In 2008 we identified that approximately 28% of waste going to landfill could easily be recycled.

How are we performing? Across our tenants we range from 5% to 38% of waste going to landfill that could be recycled. Apart from the impact on the environment the cost to us all has increased substantially with Government and Municipal levies on landfill increasing by over 300% since 2008. Early in the New Year we will be relaunching our waste management recycling program.

Employers now have an obligation to ensure that all occupants working at a facility receive training to enable them to act in accordance with

the building emergency response procedures. To assist employers meeting their obligations 101 Collins Street has developed an on-line emergency training program. This program covers tenant's obligations, procedures for general occupants and warden's instructions. In the near future, wardens will be able to complete on-line training modules.

To access visit: www.101collins.com.au

Select: For Tenants at 101 Collins Street - Emergency Procedures.

The support from the occupants of 101 for the various causes we host throughout each year is quite simply amazing and always very much appreciated. Examples in recent times are: Peter Mac Cancer Foundation 9 to 13 July, Daffodil Day 24 August, Legacy Week 3 to 7 September and Pink Ribbon Day 19 October. Thanks so much to everyone for the very generous support that was received for all of these very worthwhile initiatives.

In terms of the future, 101 Collins Street will again this year continue support for the Anglicare Toy and Food Appeal which will be officially launched on 7 December 2012.

The Anglicare Christmas Tree will be located in the main foyer from 3 to 24 December.

Your continued support for this appeal by placing a gift under the Christmas Tree at any time up to Christmas Eve would be most appreciated as your generosity does create many very tangible benefits for under privileged children.

From the whole of the 101 Management Team our sincere thanks for all of your cooperation and support throughout 2012 and our collective best wishes for the festive season and for a happy and successful 2013.



Alison Waters

From the Editor's desk

What tumultuous times we live in. Everything's up in the air, all the old ideas about race, gender, sexuality, political and economic alignments, and climate change has not even spared the heart of New York City. As World War 11 buffs would remember the American marines had an unofficial motto – adapt and improvise.

We are now at the beginning of the Asian century and this will be particularly so for Australia. The latest Australian Government white paper, Australia in the Asian Century outlined how Australia will develop a closer relationship with Asia by offering thousands of scholarships to Asian students, new diplomatic posts across the region and requiring that a third of all company directors and senior civil servants have a "deep knowledge" of Asia. In response to this latest report The Business Council of Australia called for political bipartisanship on Australia's approach to Asia and highlighted the crucial leadership role to be played by industry in strengthening links to Asia.

In his latest controversial book, What Money Can't Buy, Michael Sandel, Harvard Professor and political philosopher, poses the question

"Do we want to live in a society where everything is up for sale - where does fiscal queue jumping start and end?" He asks the pertinent question "are there certain moral and civic goods that markets do not honour and money cannot buy?"

Talking with many of the people at 101, I have discovered that they are very much aware that exercise is essential if you want to remain sane in today's frenetic world. I have been stunned by the number of cyclists in this building that get up at awesome hours of the morning, like 4am, and are involved in cycling rides for charity. As anyone who exercises can tell you, exercise improves the body's ability to cope with stress. It also seems from the latest research from the American Physiological Association that people who exercise have the added benefit of lower rates of anxiety and depression.

According to Steven Poole author of You Aren't What You Eat, "Western civilization is eating itself stupid." Poole insists we are living in the Age of Food. Thus begins a 200 page witty and very funny polemic against people that take their food too seriously.

I look forward to engaging with all the 101 Community in 2013. Have a Festive Christmas and a prosperous New Year.

Amicalement Alison Waters

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Please note: Contact details may be used by our competition sponsors

COMPETITIONS



Dinner Delight At Collins Kitchen – Grand Hyatt Melbourne

Don't miss the chance to WIN lunch or dinner for 4 people at Collins Kitchen valued at \$300! Experience some of the best fine dining in Melbourne with authentic global cuisine served in a sophisticated setting. Spectacular dishes hinge on Executive Chef, Jason Camillo's "paddock to plate" philosophy of cooking fresh, soulful food. To be eligible send your name, company and contact details to lavinia.savell@hyatt.com by 14 December with 101 competition as the subject. The prize is valid until June 30, 2013 from Sunday – Thursday (subject to availability).



Win a Hanging Rock Macedon Christmas Hamper - a reason to celebrate.

This fabulous Christmas Hamper to the value of \$120 includes a bottle of Hanging Rock Macedon Brut Cuvée XIV, two Hanging Rock Winery sparkling wine flutes, and a Hanging Rock ice bucket.

"I've never tasted a better Australian sparkling wine: sheer perfection" - James Halliday leading wine writer.

Email your details to ruthe@hangingrock.com.au by 14 December with subject line 101 Competition



Supreme Cycling Safety from Total Rush

Increasingly cycling has become the new commute and the most precious cycling accessory - a state of the art cycling helmet. Total Rush in Richmond, Australia's finest destination for high-end bikes from the world's leading bike manufacturers, is offering the very latest in cycling safety apparel with a prize of a Prevail helmet. When Specialized designed the S-Works Prevail helmet, they set out to make the best road helmet on the market. The result was the ultimate lightweight racing helmet, combining great ventilation, aerodynamic design, and ultra-light construction for the best all-around performance.

To be in the running to win the helmet, send your name, company and contact details to info@totalrush.com.au by 14 December with 101 competition as the subject.

A Festive Season for Booklovers

Dymocks bookstore at 234 Collins Street are generously offering a prize of a \$200 gift voucher to a tenant of 101. For your chance to win a new library of books, send your name, company and contact details to levents@dymocks.com.au with 101 Competition in the subject line by 14 December. In addition, they are offering a very compelling 20% off most books to everyone at 101. See their ad on Page 20 for details of this great pre-Christmas offer.



Fine Food in Fabulous Flinders Lane

Virginia Plain, at 31 Flinders Lane is one of the very latest restaurants to appear in Flinders Lane and is named after a Roxy Music song. It achieved the thumbs up by food critic John Lethlean when he described the food as "inventive, delicious, unpredictable and quite European in its flavours".

Chef Andy Harmer's food is an exciting and delicious taste sensation reinforced by the attention to detail of bread in hessian sacks, local mineral water in carafes, good young professional and dynamic staff. For your chance to win a four course degustation lunch or dinner for four valued at \$220 email your name, company and contact details to info@virginiaplain.com.au with 101 Competition in the subject line by 14 December.

The Pauline Gandel Gallery of Japanese Art at the NGV

Opened 2 October 2012

*A lovely spring night
suddenly vanished while we
viewed cherry blossoms*

- Matsuo Basho 17th century Haiku

With these words, under a canopy of cherry blossoms in a transformed Great Hall and Persimmon Restaurant at the NGV, Mrs Pauline Gandel concluded an evening of celebration marking the opening of the first dedicated space to Japanese art in an Australian public institution. Named in her honour, the Pauline Gandel Gallery of Japanese Art is the culmination of a three year project with the NGV made possible by a significant donation from Mrs Gandel.

To celebrate the opening of the gallery, a number of exceptional works of Japanese lacquer from her personal collection and private museum, are on short-term loan to the NGV. These works include the stunning samurai helmet featured on the cover of this magazine. Mrs Gandel's collection of Japanese lacquer has been formed over the last 25 years under the professional guidance and curatorship of Lesley Kehoe. It stands now as one of the most significant collections in the world and includes a number of works by luminaries of the 16th, 17th, and 18th centuries, as well as more recent works by Imperial Artists and designated Living National Treasures.

Lesley Kehoe, founder and director of Lesley Kehoe Galleries, now located on the ground floor of 101 Collins, is an internationally recognized specialist dealer in Japanese art with close to 30 years experience. Through her invaluable networks in Japan, the new Japanese art space was opened by the Director of the world-renowned 21st Century Museum of Contemporary Art, Kanazawa, Japan, Mr Yuji Akimoto. Overwhelmed by the appreciation and connoisseurship of Japanese art in Australia, Director



Mrs Pauline Gandel and Mr Tony Elwood. Center: Japanese 'Daruma'. Each eye was drawn in by Mrs Gandel and Mr. Elwood to symbolize the completion of the project and wishes for its future prosperity.

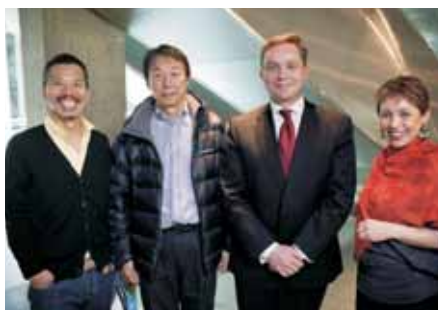
Akimoto has been actively promoting the Pauline Gandel Collection and the NGV in a series of press articles and expert symposia.

The Pauline Gandel Collection has a growing profile in Japan, and has been featured on several media networks, including the prestigious government network NHK. The Gandel Collection's active patronage of the preservation of the artform of Japanese lacquer is highly acclaimed.

Introduced and supported internationally by Kehoe, the work of contemporary lacquer master, Unryuan Kitamura Tatsuo, has been generously sponsored by Pauline Gandel and is now in the collections of the NGV, the AGNSW and the National Gallery of Australia. The most recent addition to the Pauline Gandel Collection, a stunning writing box featuring gold and shell inlaid pampas grasses swaying against an autumn moon, is one of the most admired pieces in the current NGV exhibition.



Centre: Mr Sato Shigekazu Japanese Ambassador & Mrs Pauline Gandel
Right: Japanese Consul-General Mr Hidenobu Sobashima
Kimono: Members of Urasenke Melbourne



Left to right: Mr Yuji Akimoto, Director 21st Century Museum of contemporary art, Kanazawa Japan. Mr Kitamura Tatsuo, Contemporary Lacquer Master
Mr Tony Elwood, Director NGV
Ms Lesley Kehoe



Left: Alison Waters with Mr Tony Elwood

Australia to Embrace Asian Century

Teaching every student a key Asian language and making every school have a sister-school in Asia is at the heart of Prime Minister Julia Gillard's plan for Australia to win from global change. Ms Gillard has set ambitious targets to improve schools and for universities to create wealth and jobs from the booming economies in Asia, especially China and India.

The Australia in the Asian Century white paper also says Darwin should be transformed to become Australia's version of Singapore as a sophisticated regional hub. But it warns the biggest risks to productivity include traffic congestion in capital cities and Sydney Airport, saying "strains will grow as demand increases".

The white paper goal to make Australia an "Asia-capable workforce" starts with children in kindergarten and runs through their school years to university and beyond. There will be 12,000 "Australia awards" scholarships to create life-long links for Australians to study in the region and vice-versa. Ms Gillard announced every student from kindergarten to Year 12 would be given the choice to

study at least one of four priority Asian languages - Mandarin, Hindi, Indonesian or Japanese. They would also learn Asian history and culture to acquire a "sound working knowledge of Asia". Every Australian school will also be required to have a partnership with one in Asia. The report praises Leongatha Primary School where students use Skype to connect to a class in Jakarta.

The cost of both plans will be discussed by education ministers as part of the response to the Gonski report on boosting education funding. The report sets 25 goals for year 2025, which include Australia's school system being in the top five in the world and having 10 of the top 100 universities. An ambitious goal to increase income per person by \$11,000 requires a huge rise in productivity.

Ms Gillard said Asia's rise was unstoppable and gathering pace on a scale that defied comparison. She said Australia could not rely on its luck. "With the right plan, we can make the new middle-class Asia a market for high-wage, high-skill Australia," Ms Gillard said.

Phillip Hudson, *The Australian*



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Troy Upfield - A Dedicated Cyclist at 101

Ed: What is your position at JBWere

T.U. Executive Director - Securities Lending

Ed: Why and when did you take up cycling

T.U. I started cycling in 2009 after being inspired by the Chain Reaction Corporate Challenge riders. In 2008 a friend mentioned I should contact Berrick Wilson, founder of Chain Reaction, as at that time I was on the Board of the Cerebral Palsy Education Centre (CPEC). I contacted Berrick and we met for a coffee and shared our family stories, the corporate barriers were dropped and it was just 2 dads sitting in a Collins Street café with teary eyes. Before I knew it I was on the support crew for the next Chain Reaction ride and have since ridden four events and am currently training for my fifth. Since it was established in 2007 Chain Reaction has raised over \$7.3 million for children's charities and in 2009 it donated \$250,000 to CPEC so we could build a new wing for education programs for carers and parents of children with disabilities. The wing was opened in 2010.

Ed: How many kilometres a week do you cycle

T.U. During winter I ride about 150kms a week but I also run and do gym work on the days I don't ride. From late October it's early to be bed with 4am starts so I can increase my riding to a weekly average of 400kms. For me, cycling is not just about fitness and the challenge of preparing for the next ride but my real motivation is my daughter, Lily. Every time I think the hill or the distance is too tough I think about Lily and remember the effort she has to put in every day just to do the basic things that I could take for granted.

Ed: What kind of bike do you favour

T.U. I ride Specialized S-Works.

Ed: What's your favourite ride in Victoria

T.U. Without doubt the Dandenongs is my favourite place to ride, followed by the Kinglake area. The scenery is great and there seems to be more respect between all road users in the hills than other places. The Total Rush Saturday morning shop ride is usually 30-40 people and it's the safest ride on Beach Road and has something for everyone, medium pace down to Mordialloc and fast back. A few pro's turn up occasionally and the pace is on. Then we all end up at Rush Café for breakfast, it's a great morning out!

Ed: Tell us about the organization Chain Reaction

T.U. Chain Reaction is the Ultimate Corporate Bike Challenge that raises money for sick children by challenging senior executives who have a passion for cycling and an awareness of their corporate and social responsibilities, to ride a 1,000 plus kilometre course in 7 days. Chain Reaction is not a mass-participation event; instead it concentrates on selected individuals who want the physical challenge. In return, they benefit from a valuable networking opportunities and the immense satisfaction of directly helping sick children. I am currently on the Chain Reaction Victorian Committee.

Ed: How did you become involved with Cadel Evans

T.U. You would think that Cadel and I met because of cycling but that's not the case. I first met him at a friend's BBQ in 2008 and I don't think



we even talked about cycling. I mentioned a fund that my wife and I had started called the ETA fund which buys equipment and teaching aids for children with Cerebral Palsy. Cadel remembered the conversation and the following year after he won the World Championship he gave me his only pair of World Champion shoes and two World Championship signed jerseys to auction off to raise money for the ETA fund. Thanks to this generous gift we raised around \$15,000.

Ed: Who is the person that most inspires you

T.U. My inspiration and my motivation is my family. It is important to understand that when a child has a disability it impacts the whole family. Yes, my daughter Lily has severe cerebral palsy and needs help with everything she does. She is definitely an inspiration but it is also my wife and my other daughter Ruby who inspire me. Together, as a family, we do see obstacles but also it's as a family that we decide to ignore them to achieve anything we want to do.

Ed: What major cycling events do you compete in

T.U. Chain Reaction is the major event I train for and the next ride is 7 Peaks in 7 Days – Mt Buffalo, Mt Hotham, Falls Creek, Dinner Plain, Mt Buller, Lake Mountain and Donna Buang covering 1,000kms. I would also like to start criterium racing but it's just a case of finding the time.

Ed: What is your next challenge

T.U. My next challenge is not cycling but certainly cycling related and it is my recent appointment to the Board of TADVIC and working specifically with their Freedom Wheels program. TADVIC is a volunteer organisation of mainly retired engineers who help people with disabilities by building equipment specific to their needs that is not commercially available. Freedom Wheels is a particular service within TADVIC that make adaptations to bikes for kids. I have seen the faces of kids, including Lily, who get to ride a bike for the first time and I know the difference it can make. Total Rush are supporting several events in the coming months to raise awareness and funds to get more kids on bikes sooner – you can find out more about this at www.troyupfield.com or www.totalrush.com.au



A NEW LOOK AT RHYTHMS IN COLOUR & GESTURE

DI BRESCIANI: COMPOSITIONS IN COLOUR

Taking a modernist perspective, the book describes how the intuitive nature of movement itself, in both fine arts and music, can be seen as central to creative expression.

It is the story of how the rhythms of performance, in any artistic discipline, manifest themselves in the rhythms of light and sound we perceive before us.



Blue Dancing, 2010, oil on linen, 129 x 86 cm

This multi-authored book of 178 pages with colour illustrations throughout includes several essays on painting and music, and colour and sound, with a preface by

Piers Lane AO and an introduction by David Williamson AO. Also covered, the recent 'Rhythms of Light' exhibition held at the Perc Tucker Regional Gallery, Queensland.

Produced by Macmillan Art Publishing, designed and edited by Jenny Zimmer, 'Di Bresciani: Compositions in Colour' is superbly documented and produced.

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Alison's Social Diary

Photography: www.johnhoerner.com

Melbourne – A Love Affair

There is no greater lover of Melbourne than our ebullient Lord Mayor Robert Doyle. Doyle was eloquent in his delivery on the delights of Melbourne in his opening speech for the launch of Matt Irwin's book of photographic images gathered from 2001 - 2012 Melbourne – A Love Affair. Academy Award-winning animator, Adam Elliot, at the launch said of Matt "He is one of Melbourne's creative individuals and a proud one at that; a black sheep with a camera and love for a city that is a many varied thing. Irwin is one of the few photographers that has consistently captured the essence of Melbourne on camera". Irwin has been taking photos since he was 16. He has gone on to make photography his life's work with a very clear focus in the imagery of the wide boulevards and nooks and crannies of Melbourne's laneways. These photographs capture the spirit of Melbourne like no other and makes one identify with the words of Barry Humphries: "I am not an Australian, I am a Melburnian".



Top left clockwise: Lord Mayor Robert Doyle with photographer and author Matt Irwin

Academy Award winning animator, Adam Elliot

General Manager of Intercontinental Melbourne The Rialto Joerg Boeckeler



Opening of the Paul Smith Store in Collins Street

From small beginnings in a windowless shop in Nottingham, England to showing in a small hotel room in Paris in 1976, the Paul Smith fashion label slowly became a permanent fixture in the international fashion world. As Sir Paul Smith said at the official opening of his shop in Collins Street "Everyone wants to get there quickly, but my business grew really gently and carefully and slowly, it wasn't like a rocket at all. So I think that has helped with the longevity...building a strong foundation."

I bumped into Professor Steve Worthington from Monash University at the opening which was jam-packed with the literati rather than the fashionistas. He was wearing a navy blue striped shirt that had been purchased from the Nottingham shop in 1985

and which Paul Smith instantly recognised as a rayon fabric that he had specially imported from France. Paul Smith doesn't miss a thing!



Top left anticlockwise: Launch party

Sir Paul Smith

Sir Paul Smith opposite Christine Barro

"Sell Out" at Knock Out Kick Gallery Exhibition

In a tough art market as galleries come and go Kick Gallery, 4 Peel Street, Collinwood has just celebrated its 10th Anniversary – a double whammy of dual party openings for artists, collectors and friends. This was an occasion of epic proportions, a decade of dedication to the arts. In Kick artist Tim Vagg's socially challenging art he poses questions about the notion and formation of our Australianness through our history. Tim Vagg explores the male identity of the iconic Australian battler using the metaphor of gender reversal to demonstrate the paradox. Ten of the fourteen paintings in his solo exhibition *The Boxer Painting Series* sold at a preview of the show before the official opening.



Left: Jake Hoerner Director of Kick Gallery



Left: Tim Vagg, Artist with an edge

Above: Painting from The Boxer Series.

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An Eye on the East

Dries Van Noten
Winter 2012 – 2013 Collection

Dries Van Noten looks to the East for his Winter 2012 – 2013 Collection. The Belgium designer made use of rich historical Asian prints particularly from Japan, China and Korea. He was inspired by the rich Asian vaults of the Victoria and Albert Museum in London. The clothes in store at Cose Ipanema include Kimonos and dragon coats of various digital prints and shades.



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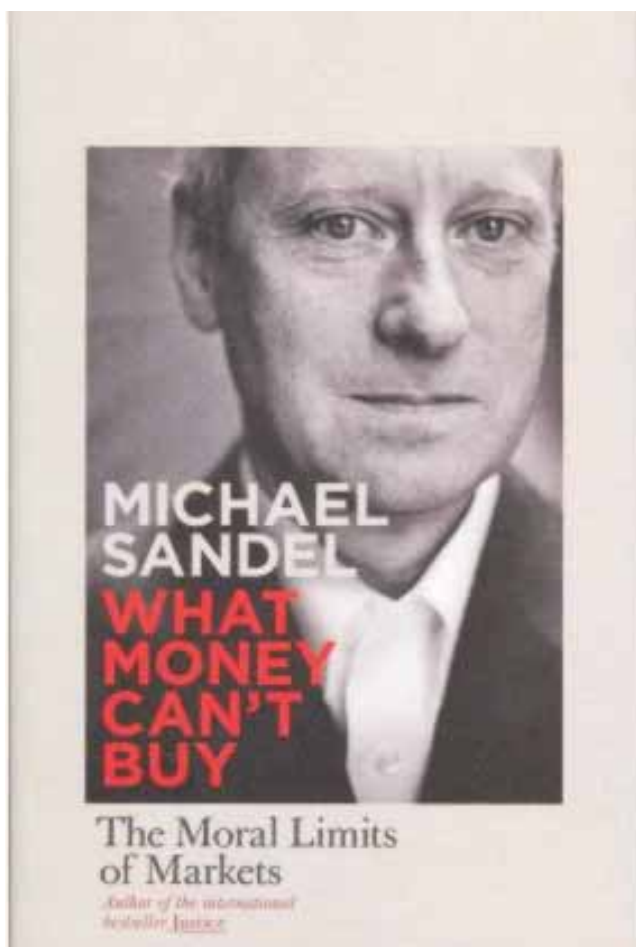
What Money Can't Buy by Michael Sandel

Do we want a society where everything is up for sale? Or are there certain moral and civic goods that markets do not honour and money cannot buy? Michael J. Sandel is an American political philosopher and a professor at Harvard University. In his latest book he challenges the idea that markets are morally neutral.

“Dead peasants insurance” is a term that sounds as if it comes straight out of Monty Python. Here’s an example of what it means: in 1999, Michael Rice, a 48-year-old employee of the supermarket firm Walmart, collapsed while helping a customer carry a television to her car. He died a week later, and an insurance company paid out \$300,000 for the loss of his life. So far, a sad but not unusual story; the twist was in the identity of the people who benefited from the insurance. It wasn’t Rice’s family, who didn’t get a penny, but Walmart. In a subsequent lawsuit, it turned out that Walmart had hundreds of thousands of such policies on employees, so every time one of them died, the huge corporation enjoyed a tiny windfall. And that’s dead peasants insurance, or, as it is also known, “janitors insurance”. They are forms of what the insurance industry calls Stoli, or “stranger originated life insurance” – in other words, an insurance policy taken out on your life by someone else, not on your behalf but on theirs.

Michael Sandel is one of the best known public intellectuals in America. He enjoyed a worldwide hit with his last book, *Justice*, the subject of a famous lecture course at Harvard, and gave the 2009 Reith lectures. His new book, *What Money Can't Buy*, is a study of “the moral limits of markets”. For him, the story of dead peasants insurance is an example of how the encroachment of market values can change the character of an industry. Sandel shows how life insurance, which had its origins in the idea that we can mitigate the economic impact of death on survivors and dependents – an idea which was always controversial, and indeed was illegal across much of Europe – was gradually corrupted into a form of betting against other people’s lives.

Another example of this process was the development of “viaticals”. These were insurance policies that had been taken out earlier in their lives by people who were dying of aids. The life insurance policies of these dying patients were valuable – so a market developed in which these policies were bought by investors, who would give the aids sufferer a lump sum and would pay for their care during the terminal illness. Then, when the patient died, the policy would pay out: kerching! The catch for investors



was that the longer the patient lived, the less money they would make. “There have been some phenomenal returns,” said the president of one company that specialised in viaticals, “but there have also been some horror stories where people live longer.”

This trajectory, for Sandel, is paradigmatic. We can all instinctively understand the idea of life insurance; most of us will feel an instinctive repugnance at the thought of the viatical industry or dead peasants insurance. As market thinking penetrated the life insurance industry, a moral line was crossed, and the application of market ideas was taken too far.

Sandel’s focus, perhaps unexpectedly, isn’t on the 2008 crash and the great recession that followed. Instead, Sandel is interested in what he sees as a deeper and more consequential loss of our collective moral compass. “The most fateful change that unfolded in the last three decades was not an increase in greed. It was the expansion of markets, and of market values, into spheres of life where they don’t belong.”

To understand the importance of his purpose, you first have to grasp the full extent of the triumph achieved by market thinking in economics, and the extent to which that thinking has spread to other domains. This school sees

economics as a discipline that has nothing to do with morality, and is instead the study of incentives, considered in an ethical vacuum. Sandel’s book is, in its calm way, an all-out assault on that idea, and on the influential doctrine that the economic approach to “utility maximisation” explains all human behaviour.

Sandel is methodical about assembling evidence to refute the idea that markets are amoral and have no moral impact. Paying people to queue, for example: Sandel studies this practice in areas such as US congressional hearings and free outdoor theatre performances. In both cases, companies have come into being to allow the well-off to hire a homeless person to go and hold a place in the queue until the rich person turns up just in time for the main event. This is an example of something which is supposed to be a communal good being marketised and turned into cash. This has two consequences that often recur and are stressed by Sandel: one is that the process is unfair, and the other is that it is corrupting or degrading to the thing being marketised.

Edited from article by John Lanchester. John Lanchester is the author of the novel, Capital. What Money Can't Buy by Michael Sandel \$37.95. Penguin books Available from Dymocks

On Track - Trekking for Mission Australia and Save the Children in PNG

By Ewen Crouch
Chairman of Allens

In early September, I was given the humbling privilege to walk the Kokoda Track in Papua New Guinea as part of a fundraising event for Mission Australia (of which I am Chairman) and Save the Children in Papua New Guinea.

My 'crew' was mainly made up of senior executives from Westpac's Institutional Banking team, and we were joined by other business leaders from McDonald's Australia, iiNet, Bega Cheese, Hornibrook Construction and the iPi Group of Companies to make the 96-kilometre trek.

It was a fantastic and sometimes confronting experience as we trekked through the mountainous and muddy terrain and the many fast flowing streams over seven days.



Above clockwise: Ewen Crouch meeting one of the original Fuzzy Wuzzy Angels while walking the Kokoda Track. Ewen Crouch takes a rest on the 96-kilometre trek. Ewen's 'crew' on the Kokoda Track

While on the trek, there were constant reminders of what it must have been like for the Australians and Papua New Guineans who fought one of the most intense battles in the Pacific between the Australian and Japanese armies in World War II. Walking the steps of the Kokoda campaign, and seeing the foxhole remnants, battle sites and memorials was very moving and is something I will never forget. We were very privileged to meet and acknowledge two of the original 'Fuzzy Wuzzy Angels'.

While I achieved a personal goal by completing the trek, probably the most pleasing thing to come from the experience was the money our group raised for Mission Australia and Save the Children in Papua New Guinea. I have been Chairman of Mission Australia for three years and I have seen, first hand, the work the organisation does to help transform

the lives of Australians in need – something they have done for more than 150 years. Today, Mission Australia provides more than 550 community and employment services that helps over 300,000 Australians a year.

This goes hand in hand with the work of Save the Children in Papua New Guinea. I am so pleased that the money raised will go to help an organisation that is on the ground in PNG, making a real difference to the lives of children in need. The money raised will go some of the way to helping Save the Children give children the best possible start in life.

Also, Allens has had a presence in Papua New Guinea since 1994 through our Port Moresby office and the work they are doing there remains a key focus of the firm. In fact, many of our leaders today have spent part of their careers in the country. Therefore,

this experience was particularly moving for me, as Chairman of Allens and our Australian and Papua New Guinea offices, because the Track holds such an important place in both countries' histories.

I loved every minute of my time on the Kokoda Track. It was an extraordinary experience, with a remarkable group of people. The Papuans are a charming and friendly people, and our guide and porters just made everything very special. I am also very thankful to have been given the opportunity by Westpac to take part in this life-changing venture. I was proud to walk alongside them, and the other trekkers and crew, to raise this money and also for the camaraderie I experienced.

You can learn more about Mission Australia and Save the Children in Papua New Guinea.

<http://www.missionaustralia.com.au/>

<http://www.savethechildren.org.pg/>

Hey, good looking, who's cooking?



By Laura Helmuth

What do you want in a mate? If you're a free-thinking, independent, feminist woman in a relatively egalitarian society, you might want all kinds of things: a guy with a sense of humor, maybe, or who likes to cook exotic foods. And if you're not overly familiar with certain annoyingly persistent theories of mate selection, you'll be surprised to find out that you're looking for all the wrong qualities, evolutionarily speaking. You're supposed to want someone stronger, smarter, and richer than you. Someone who would sire healthy offspring and protect them from saber-toothed cats on the Pleistocene Epoch savanna.

And if you're a free-thinking, independent, feminist man in a relatively egalitarian society, you might not realize that you are supposed to prize youth, fertility, and chastity (a woman who will birth all those babies you're supposed to protect and let you know they're really yours) over quirky taste in movies or a love of travel.

There's nothing inherently wrong with evolutionary psychology—our thoughts and behaviors have been shaped by millions of years of hominid evolutionary history, and it's worth studying how natural selection acted on traits that we still express today. But too often, evolutionary psychology is a force for social conservatism. Researchers identify a pattern of behavior, usually some stereotypical sex difference (in part because it's easy to measure whether men and women score differently on a standardized test), construct a scenario in which that behavior would have been adaptive in the distant past, and say the behavior is therefore evolutionarily selected and encoded in our genes.

David Buss, an evolutionary psychologist at the University of Texas, is the worst. He has theorized that women are jealous of pretty rivals and men are jealous of rich ones, that men prefer more sexual variety than women do, that women need to trap a mate and men



are motivated to sleep around—and attributes all of these traits to our genetic makeup. Also, you may think your opposite-sex friends are just friends, but he thinks you're fooling yourself. And he's a big proponent of the idea that men and women are seeking fundamentally different qualities in a mate. Because, he says, of evolution—and that's the problem.

It's tricky to disprove the notion that some human trait is the result of evolution. The logic is circular: if some trait exists, it must not have been fatal to our ancestors and it may have helped them reproduce. To critique a claim of evolutionary privilege, you have to show that the trait has no genetic component and therefore can't be inherited, or demonstrate that the trait is instilled by culture, not necessarily biology.

And that's why my latest favorite paper is "Stepping Out of the Caveman's Shadow: Nations' Gender Gap Predicts Degree of Sex Differentiation in Mate Preferences." Marcel Zentner and Klaudia Mitura of the University of York, U.K., asked more than 3,000 people in 10 countries what they valued in a mate. On a four-point scale, people rated the importance of various qualities: chastity, ambition, financial prospects, good looks, etc.—all identified by Buss and his likeminded peers as being qualities that only men or only women are evolutionarily predisposed to seek out.

The researchers used a World Economic Forum measure of gender equality to rank the 10 countries as (a) relatively gender-equal, (b) backwards but improving, or (c) screamingly sexist (my terms, not theirs). And the results were clear: the more egalitarian the country,

the less likely men and women were to value traditional qualities that Buss and co. believe to be innate. In Germany, women said they'd very much like a man who is a good housekeeper. In Finland, men were more likely than women to prefer a mate a bit smarter than themselves. In the United States, women ranked chastity as more important than men did. At the other end of the scale, in Turkey and South Korea, women wanted mates with good financial prospects and men valued good cooks.

None of this is especially surprising, but there's something so satisfying about having a chart with a straight line and a steep slope showing that the more egalitarian the country, the less constrained people are by stereotyped sex roles. That is progress.

The study fits with other recent research showing that supposedly gender-determined cognitive abilities, like math and spatial reasoning, are also a function of culture. The more egalitarian a society, the better girls are at algebra.

And that's the real lesson of evolutionary psychology. The main quality evolution acted on over all those millions of years was our ability to adapt. It's possible there are some ugly, genetically-predisposed legacies of jealousy and mate guarding and sexual deception rattling around in our great ape brains, but they're nothing compared to our capacity to form friendships, value a relationship independent of its ability to produce offspring, and love a highly evolved guy for baking a great loaf of bread.

Laura Helmuth is the Science and Health Editor of Slate.com

What Men Really Think About... The Black Dog

The Wheeler Centre, 176 Little Lonsdale Street, Melbourne
6:15pm - 7:15pm, Thursday 29 November 2012



Men and women both suffer depression, but men experience it differently. They are less likely to acknowledge it and more likely to seek comfort at the bottom of a beer glass, or other unhelpful places.

In 'What Men Really Think About...', we slide behind the stereotypes to take an honest look at the issues men face in contemporary Australia.

Presented by Kim Farrant. Kim writes and directs drama, documentaries and commercials for film and TV.

Ballet & Fashion

3 November 2012 – 19 May 2013
NGV International

On 3 November, the National Gallery of Victoria together with The Australian Ballet opened Ballet & Fashion, a free exhibition celebrating the creative collaboration between dance and design.

The exhibition will display over 20 works from the past three decades by renowned international and Australian fashion designers including Giles Deacon, Collette Dinnigan, Akira Isogawa, Valentino, Rei Kawakubo, Christian Lacroix, Vanessa Leyonhjelm, Toni Maticevski, Richard Nylon, Easton Pearson, Ralph Rucci and Viktor&Rolf.

Art and fashion have a long and dynamic history of association. Ballet & Fashion highlights the signature styles of leading fashion designers, the success of multidisciplinary collaboration and the challenges designers face when creating pieces that must withstand the rough and tumble of performance.



Tai Chi At Federation Square

Every Tuesday until 18 December from
7.30am-8.30am

Feeling tired?
Stressed out?
Start your day with a free session of Tai Chi, held every



Tuesday morning at Fed Square. Sessions are led by experienced, fully accredited instructors from Tai Chi Australia. If there is bad weather, sessions will move to Federation Square's Atrium (entry via Flinders Street).

Anyone regardless of age or level of fitness can practice and benefit from Tai Chi.



Radiance

The Neo-Impressionists 16 Nov 2012
- 17 Mar 2013

NGV International

Be inspired by the vibrant beauty of the luminous landscapes, glittering Parisian cityscapes and stunning portraits in this survey of the Neo-Impressionist movement. The exhibition features spectacular paintings by Seurat, Paul Signac, Maximilien Luce and Théo van Rysselberghe among others, and is the first of its kind to be staged in Australia.

Jeff Wall Photographs

30 Nov 2012 - 17 Mar 2013

The Ian Potter Centre: NGV Australia at Federation Square

Jeff Wall is one of the most influential and outstanding contemporary photographers working today. He has frequently been called a modern storyteller, and his work is shaped by his profound awareness of Western art and literature. This is a unique opportunity to see the Canadian-born artist's work in Melbourne. Spanning 1978 to 2010, the exhibition features 26 photographs drawn from throughout his career. Organised by the Art Gallery of Western Australia in association with the National Gallery of Victoria

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The Royal Walk

2 December 2012

Bring family and friends and walk to support The Royal Melbourne Hospital. Walk to remember and honour friends and family who've suffered illness, injury, or disease and received care at the Royal Melbourne Hospital. Register for the Royal Walk today and enjoy a leisurely 4 kilometre stroll around Carlton's Princes Park. After the walk, stay and enjoy the family fun with entertainment, food stalls and a visit from Santa.

For 164 years, RMH has been caring for all Victorians. And this year more than 155,000 people will receive care from their dedicated staff. By showing your support, you'll help save lives!

info@rmhfoundation.org.au
www.theroyalwalk.org.au

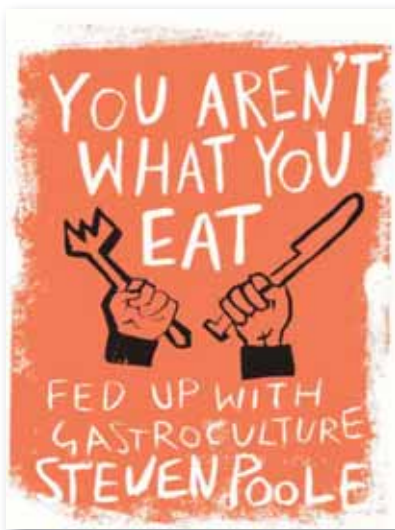


Gusto: A Culinary History of Victoria

Until 28 April 2013

State Library of Victoria

Savour the rich culinary history of Victoria in this free exhibition, featuring gastronomic treasures from the collections of the State Library – from the first Australian cookbook, published in 1864, to an actual World War II army biscuit. Gusto! explores Victoria's historic and contemporary culinary landscape, covering subjects such as indigenous foods, sustainable food practices, fine dining and food rationing, and will also feature the fascinating stories of some significant figures noted for their culinary connections to Victoria. Gusto! offers something for every palate.

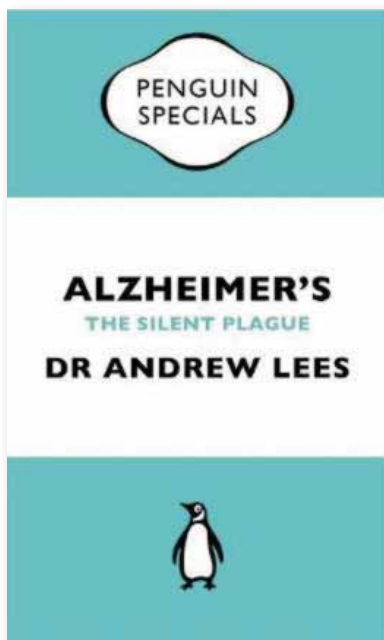


You Aren't What you Eat – Fed up with Gastroculture

by Stephen Poole
Scribe Publishing

This short book is a very entertaining read, raising the question - are we all becoming foodaholics? As Gordon Gecko announced on Wall Street "Greed is good". Greed may have moderated on Wall Street but in the western world our appetite is now fueled by a fetish for food. Every casual conversation seems to inevitably turn to food; what happened to world affairs, politics, books, music? Should we not be more worried about "what we tip into our minds than our stomach"?

If Google is anything to go by there seem to be millions of food bloggers in Australia who critique their every mouthful. Poole advocates that food is a safer passion than having an affair but that we have taken it too far when "the unexamined meal is not worth eating." But in erudite prose he also notes how food culture has infiltrated many other areas of modern life. "Food becomes not only spiritual nourishment but an art, sex, ecology, history, fashion and ethics. It even becomes, in the mind of some of the more addled fanatics, a universal language." Has the galloping gourmet gone too far?



Alzheimer's: The Silent Plague

ebook by Dr Andrew Lees
Penguin Publishing

The family of writer Gabriel García Márquez said this year that the Colombian Nobel laureate had been suffering Alzheimer's disease for some time.

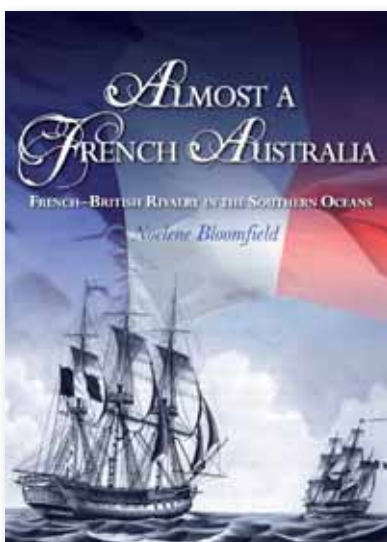
In his famous book *One Hundred Years of Solitude*, written in 1967, Márquez writes about a plague in the Pueblo of Mirrors that affects all those who suck on Úrsula Iguarán's tempting home-made sweets. The curse begins with extreme insomnia, soon to be followed by difficulty in remembering the names and uses of everyday items. The irony is, of course, that this forgetfulness – beautifully described by Márquez – is often manifested in patients of Alzheimers, including him, as their conditions advance

What is now desperately needed is a remedy. And that brings us back to Márquez and a large extended clan called the Paisas, who live in and around an Andean municipality in Colombia. They have long been known to suffer from la bobera ("the foolishness") and their lives mirror those of Márquez's pueblo. Many of these people carry an aberrant version of the Alzheimer presenilin 1 gene and most will develop dementia before their 50th birthday. This family may now hold the key to whether the most widely accepted hypothesis for the cause of Alzheimer's over the past two decades will stand or fall.

In patients destined to get Alzheimer's, the brain starts to accumulate a protein called beta amyloid before memory loss appears. Removal of amyloid could stop dementia developing and trials are soon to start to test the amyloid busters on the unaffected Paisa gene carriers.

Whether there is more to the self than this brutal malady can ever dismantle remains at the core of coping with Alzheimer's disease.

Edited from the Author's article in The Guardian



Almost a French Australia: French-British Rivalry in the Southern Oceans

by Noeline Bloomfield
Halstead Press

In a strategic battle with her perennial rival Britain, France sent many expeditions to the Indian and Pacific Oceans in the 1700s and 1800s, attempting to solve the mysteries of the legendary Terra Australis Incognita, and to locate suitable ports for trade. However, many French captains, officers, scientists and crewmembers died during these voyages and were unable to report their exciting discoveries to their King or Emperor. The outbreak of the French Revolution in 1789 meant that France could not develop colonies in the southern oceans for many decades.

Noelene Bloomfield explains why France, despite having claimed the western side of this country, eventually withdrew from the Australian continent, allowing Britain carte blanche to develop this nation and block France from both Australia and New Zealand

A Marriage of Trust and Respect

The residential projects by SC Land reflect founders Lance Chu and Chenghan Tan's commitment to impeccable architectural standards and to building private residences that offer exceptional space, light, luxury and serenity.

Established in 2000, SC Land has built a reputation for creating architecturally designed, bespoke residential projects at premier sites around Australia, including the award-winning Hue apartments in Melbourne designed by Jackson Clements Burrows and Cygne on Perth's Swan River. Project awards include UDIA, AIA, Property Council, HIA, MBA and IDEA awards.

Essential to SC Land's vision for elegant, harmonious private homes is the appointment of leading contemporary architects and builders to realise every detail of an SC Land property. The combination of prime position, architectural brilliance and Chu and Tan's passion for each SC Land project results in the creation of private residences of outstanding quality, provenance and position.

ED: *How did you come to be working together, and when did you first form the idea of launching your own Company?*

C&T: Upon our decision to leave Hong Kong after living there for 5 years, we planned to start our own business in property development. Both of our respective families had property development experience and because of my Architectural background, it was a natural business direction for us.

SC Land was launched in 2000 after a half year search of suitable cities to call our new "home". Melbourne with its diversity and appetite for contemporary architecture was a clear winner and we have not looked back.

ED: *Is your partnership one of complementary equals?*

C&T: Complementary equals is a good way to say that we each do what we're good at without stepping on each other's toes. We often say that Lance is given the crayons and Chenghan does everything else. What makes our partnership successful is our mutual understand-



Lance Chu and Chenghan Tan

ing and respect of what each other does for the business. We feel that individually, we could not have (or with much difficulty) achieved what we've been able to achieve together.

ED: *Do you feel that your personal relationship with each other brings an added strength to your business partnership?*

C&T: Certainly our personal relationship affords a level of trust and dedication above and beyond what you could expect between ordinary executives in a company. It is an absolute bond that gives us the confidence to do the best we can for the business,

ED: *What are the key qualities you look for when selecting an architectural practice for your property developments?*

C&T: It would have to be good communication. We believe great architects are also devastatingly effective communicators. When we first met Randal Marsh and Roger Wood of Wood Marsh Architecture regarding the selection of a firm for our land in Brighton, we were struck by two things. Firstly was their partnership and their relationship of mutual trust, friendship, and respect for each other. Clearly their partnership was deep and successful. Secondly, we were so impressed with their friendships with clients. The fact clients were still on good terms with the architect of their very personal home was expected, but nonetheless refreshing, in the trust and admiration they have for each other. This kind of strong friendship could only be produced by people that communicated well, that trusted each other. Wood Marsh is very good at striking the right balance between being true to their creative vision and their clients' desires. That was the kind of people that we would be able to work with.

ED: *Lance, as an Harvard educated architect what projects on the international landscape do you most admire?*

C&T: I always admire projects where contemporary expression of architecture is chosen even next to highly historic buildings or historic neighbourhoods. It is the triumph of modern architecture and pure innovation that I find most exciting as it rejuvenates the old, the tired, and makes you dream. The High Line - NYC, USA by Diller Scofidio & Renfro, Metropol Parasol - Seville, Spain by J Mayer H. Architects CCTV - Beijing, China by Rem Koolhaas OMA UK pavilion - Thomas Heatherwick, Shanghai, China



**Left: Award winning Hue Apartments in Melbourne
Above: Award winning Cygne Apartments on Perth's Swan River**

Game Change for Freehills

Australia's most profitable law firms are undergoing a period of lightning-fast evolution. 101 tenant, Freehills, became the latest top-tier firm to sign a global merger deal by voting to create a \$1.4 billion a year revenue behemoth with Britain's Herbert Smith. Since October Gavin Bell and David Willis will be joint chief executives of Herbert Smith Freehills targeting regional arbitration, mergers and acquisitions, resources and projects work. This will make the company the world's eighth largest law firm.

The voluntary choir that started at the original firm Freehills continues under the new merger Herbert Smith Freehills and will entertain us all with festive songs at 101 on December 13 at 12.30 - 1.45 pm in our marbled foyer.



The perfect gift

Compositions in Colour Di Bressiani

This beautifully produced and lavishly illustrated book transcends age and gender in its appeal to anyone who loves art. Published by MacMillan Art Publishing, Di Bressiani: Compositions in Colour, is a work of art in itself. The illustrations of Di's paintings work their evocative and emotional magic, even though they are confined within a book. The reader can choose to just look and let her works transport them and they can also gain an understanding of Di's artistic journey through her writings, and the writings of those who know and love her work. This book should have a place in the art library of all who appreciate and value the gift that visual artists have in helping nourish our souls and our humanity.

Reviewed by Maria Prendergast
Order through your nearest bookstore.

Wine and Dine at Grand Hyatt Melbourne

With Grand Hyatt Melbourne just a hop, step and a jump away, there's no better place for a languid lunch, intimate business dinner or after-five drinks!

ru-co bar is the perfect city meeting point to enjoy a drink with friends or colleagues and boasts unusual sculptural features – a sure talking point. An extensive list of signature cocktails as well as an impressive roll call of single malt whiskies, plus a vast wine list will stimulate anyone's palate. Happy Hour is a must and runs from Monday to Thursday nights (5pm to 8pm), with selected wines at \$10 per glass, and all other beverages at a 15% discount. There's no excuse for not dropping by.

For a finer affair, head to Collins Kitchen a culinary gem in the heart of the hotel! Spectacular dishes are created around five unique dining concepts – Sushi, Deli, Grill, Wok and Patisserie – with a key focus on locally sourced produce and simple uncomplicated cuisine. Arguably touted as the best breakfast and lunch buffet in Melbourne, craft your own 5-star menu from the different sections and freely graze the kitchen as the chefs dish up mouth-



watering cuisine in front of your very own eyes. During the festive season, enjoy a Christmas-inspired twist on our buffet lunch with all the trimmings including a decadent spread of tantalising desserts for only \$48 per person.

For more information visit collinskitchen.com.au or make a booking on 03 9653 4831.

CHRISTMAS

TOY & FOOD

APPEAL

You can help every child have a Merry Christmas this year.

By donating to **Anglicare Victoria's Toy and Food Appeal** you can ensure that every child in our care receives a gift this Christmas and every family we work with enjoys a nutritious meal together. Please support the Toy and Food Appeal by donating non-perishable food items and new toys, visit anglicarevic.org.au to find out more.



Visit the **Christmas Giving Tree** in the foyer of 101 Collins Street to donate your new toys and non perishable food items so that you can help families in need this Christmas.

Have it all - style and comfort



On the other side of the road at 90 Collins Street is a new Flagship shoe store called BeautiFeel. BeautiFeel was founded in 1989 by its President and Creative Director, Ami Bar-Nahor who was driven by the profound conviction that "women deserve shoes that feel as beautiful as they look, for any time of the day, in any season, or for any occasion".

Seeking to address this start-up idea, Mr. Bar Nahor bought a small factory, on the outskirts of Tel Aviv. Accompanied by five employees only, Mr. Bar Nahor kicked off the development and production of this innovative idea, giving birth to a whole new concept in the comfort shoe line – "Dressy Comfort Footwear".

At the time the common reactions heard across the shoe industry in reaction to his innovative concept were "How can high-heeled shoes be comfortable as well as stylish at the same time?" and "in such a specialized market one has to make a decision about the product they are offering: it is either comfort shoes, or stylish shoes - you cannot have both".

Mr. Bar Nahor strongly believed in his vision and he named the product "BeautiFeel".

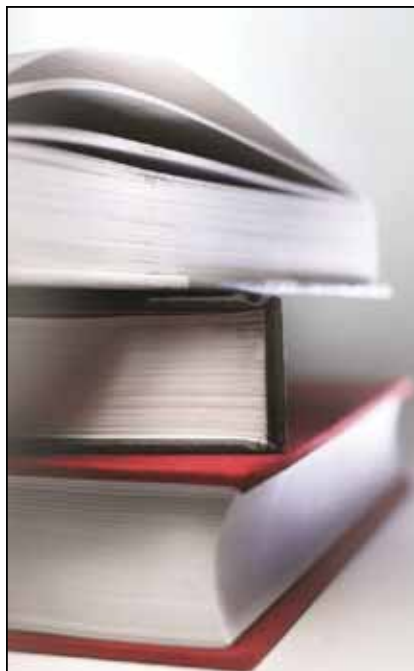
In order to ensure the high quality of BeautiFeel, all the design, development and



Ami and Anya Bar Nahor

production processes are handled in their own BeautiFeel factory in the centre of Israel. All BeautiFeel shoes are made using only the highest quality Italian leathers and all natural components.

BeautiFeel can be found today in more than 1000 stores across the world in cities such as New York, Los Angeles, Montreal, London, Moscow, Auckland, Sydney and now with a Flagship store in Melbourne.



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DYMOCKS
FOR BOOKLOVERS

Eva Collins - Award winning photographer



Above: Istanbul 1. Right: Hong Kong 1

Award winning writer and photographer, Eva Collins likes to capture evocative images with camera and pen. “We often glimpse interesting scenes from the window of a moving car or whilst running to catch a tram. We never know when these images will appear, but we do know that they will disap-

pear – often too soon, as either we have to move on or the moment has passed. Photography freezes these precious moments and in doing so allows us to appreciate their powerful impact”.

Many of her photographs are held in private collections, and some are found at the National Portrait Gallery of Australia (Canberra), and in the City of Yarra Council Chambers.

www.evacollinsphotography.com/photographs

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BRIAN CORR
2012

Kiln Formed, Waterjet Cut and Cold Worked
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248 X 94 X 318 cm
560kgs

PRICE ON APPLICATION 03 9671 4311

Commissions available.

Other works by Brian Corr are on display until November 15th as part of the current exhibition : Asaka Corr Douglas Loughlin *Concept Mastery Originality Technique.* Works by four of Australia's leading contemporary artists.

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Secrets

From a Sommeliers Diary

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Macedon NV Brut Cuvée



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- James Halliday

HANGING ROCK

Heathcote Shiraz



'I regard John Ellis as the godfather of Heathcote Shiraz...'

- John Lewis *The Newcastle Herald*

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